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Welcome

This book is intended as a help for both newcomers and longer staying expats who have decided to live and work in Thailand. It explains and facilitates practical issues and intends to inspire you to get more out of your stay.

Covid-19 has turned everything upside-down, including being an expat in Thailand. But some basic guidance remains relevant.

When you move here, you will need to find new friends. The best way is by joining one or more of the social and professional associations for your own nationality here. Scandinavian Society Siam is the ideal places for Nordic people to meet new friends.

The various business communities are also vibrant groups of very different companies from the small entrepreneur to the big corporations with manufacturing units and countrywide net of outlets. At the back of this book you will find a Nordic Business Directory for Thailand, plus a few more that in each their way are also an important part of the Scandinavian network in Thailand.

This booklet is part of the ScandAsia magazine and online media channel. ScandAsia serves all Scandinavian expatriates from Denmark, Sweden, Norway and Finland living in Thailand and elsewhere in Asia with news updates by email and online.

The magazine is sent directly to the home of the subscribers and the rest of the circulation is placed at points frequently visited by Scandinavian tourists like popular restaurants, embassies and consulates. This is also, where you will find extra copies of this booklet if you should loose your current copy or need an extra for your workplace.

The website ScandAsia.com provides you will all the contacts you need and lists all the events that are arranged for you and other Scandinavian residents in Thailand. Nordic readers should sign up for the monthly e-newsletter and emails from this website and submit your address to receive also the monthly magazine.

I wish you a happy year in Thailand!

*Gregers Moller
Publisher*



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EMERGENCY NUMBERS

Police and general emergency call	191
General Emergency call	911
Medical emergency call	1669
Fire	199
Tourist Police	1155

OTHER NUMBERS

Highway Police	1193
Traffic Information	1197
Ambulance and Rescue	1669
Crime suppression	1195
Missing children	1599
National Disaster Warning Centre	1860 or 192
Tourist Information Inquiry	1672

EMBASSY CONTACTS

■ Denmark

Royal Danish Embassy
Sathorn South Soi 1
Bangkok 10500
+66 (0)2 343 1100
bkkamb@um.dk
www.thailand.um.dk
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■ Norway

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+66 (0)2 204 6500
emb.bangkok@mfa.no
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■ Sweden

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One Pacific Place, 20th Floor
140 Sukhumvit Road (between soi 4 and 6)
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+66 (0)2 263 7200 - 1
ambassaden.bangkok@gov.se
<https://www.swedenabroad.se/sv/utlandsmyndigheter/thailand-bangkok/>
Ambassador:
H.E. Jon Åström Gröndahl

FOREIGN EXCHANGE (AS OF MAY 2021)

Danish Kroner	Swedish Kрона	Norwegian Kroner	Finnish Euro	Thai Baht
19.65	26.74	26.38	2.64	100
			100	3788
		100		379
	100			374
100				509

MOBILE PHONES

The first thing you need is a Sim card with data transfer and some phone time. You can get that in any shop of the three main providers: True, Dtac or AIS. You will often find them in department stores. Don't forget to bring your passport. You may need help from a local with setting up the language setting of your phone so you can read your emails and surf websites and applications online, but mostly it works automatically. The staff where you bought the Sim card are usually willing to help you.

are AIS, DTAC, or 3BB. True provides home entertainment services with their True Move service as well. To get online with your laptop, you can either find a Wi-Fi spot in most restaurants or - for more mobility - buy a USB plugin that includes Wi-Fi access from your laptop, tablet or mobile phone. In Thailand they call them "aircards". If you bought a local sim card, you can also use your phone as your internet gateway either using Bluetooth or your data/charger cable - to turn it on, go to settings and turn on "mobile hotspot and tethering".

INTERNET

With the spread of smartphones the number of internet users in Thailand has exploded and is probably today over 50 million people - although the vast majority don't think of themselves as surfing the internet, but only playing with their phone!

Currently, True is the largest regular internet provider in the country. Other companies

LANGUAGE

If you plan to stay for six months and above in Thailand, it is highly recommended that you find a Thai language course near where you live. Do this as soon as possible because if you learn from friends and taxi drivers to say "turn left", "turn right" and "where is the toilet", you feel less of an urge to take this course. Soon your progress with the Thai language will come to a stop if you don't take a systematic approach. Do yourself a favour and take a course where they teach you how to read Thai - it is easier than you think. You can study online here <https://thai-language.com>

Thai, or more precisely Central Thai, is the national and official language of Thailand. It is spoken and understood by all Thai

true



dtac



AIS



people. But for many, their local dialect will remain their first language. Although most words are the same, these dialects will have a different sound and many of the words will be quite different from Central Thai. The Thai language is tonal and has a unique script with far more characters than the western alphabet. It has also three relational markers which help the Thai reader understand how the word is pronounced.

Some words in Thai have roots back to

Pali, Sanskrit and Old Khmer. Some words have been assimilated from Chinese and recently, many words have been adopted from English, however these borrowed words are often used with a convenient abbreviation that makes it hard to recognise.

The most famous word adopted from French is the Thai word for all white-skinned foreigners, “farang”. The word comes from the Thai pronunciation of the country France, “Farangcet”.



TRANSLATION

Google translate is quickly emerging as a good source of online translation from Thai to English or from English to Thai.

Online, the following service is free: <https://thai2english.com>, which is really good, and the equally exceptional learning portal <https://thai-language.com>.

For official translation of documents, there are many small and inexpensive service operators in the main tourist centres of Thailand. For translation and legal verification, visit the Thai Consulate on Chaengwattana in Bangkok.

WEATHER

Thailand has a tropical climate, high in both temperature and humidity. April and May are the hottest months of the year

. June brings the Southwest Monsoon and the rainy season until October. From November to the end of February, there is a cooling North East breeze and a reduction in the humidity level. It is always much cooler in the north where the temperature may occasionally drop to as low as 2°C.

For coastal weather, this website is great:

<http://www.buoyweather.com/map/gulf-of-thailand>

CULTURE

The Thai culture incorporates cultural beliefs and characteristics indigenous to the area known as modern day Thailand. It is coupled with much influence from ancient India, China and Cambodia, along with the neighbouring prehistoric cultures of Southeast Asia. It is influenced primarily by Animism, Hinduism, Buddhism, as well





as by later migrations from China and southern India.

FOOD

The Thai cuisine is the national cuisine of Thailand. Blending elements of several Southeast Asian traditions, Thai cooking places emphasis on lightly prepared dishes with strong aromatic components. The spiciness of Thai cuisine is well known. As with other Asian cuisines, balance, detail and variety are of great significance to Thai chefs. Thai food is known for its balance of three to four fundamental taste senses in each dish or the overall meal: sour, sweet, salty, and bitter.

THAILAND NEWS

Thailand has a rich mix of English language media and even a few in various Nordic languages.

The Nordic news website <https://www.scandasia.com> serves news daily for Scandinavian residents in Thailand and

other countries in South East Asia.

For residents in Pattaya, there is a Norwegian newspaper and a Nordic magazine apart from the local pattaya-people.com website.

The local news service in English is very good:

- Bangkok Post
www.bangkokpost.com/
- The Nation
www.nationmultimedia.com
- Thai PBS in English
<http://englishnews.thaipbs.or.th/>
- Khaosod in English
www.khaosodenglish.com

VISA REGULATIONS

In the spring of 2020, the Covid-19 crisis blocked for a while foreigners completely from entering Thailand. Then certain categories of foreigners were gradually allowed to enter on various conditions. This gradual opening was at time of editing not yet completed.

Most important are the 14 days quarantine requirements upon arrival that are gradually being repealed. In early 2021, the Thai government agreed and announced a road map to fully reopening by 1 January 2022. The road map starts with five provinces being allowed first to receive visitors without the visitor having to go through quarantine. They were Phuket (quarantine free from 1 July 2021) followed by Krabi, PhangNga, Chiangmai and Chonburi (quarantine free from 1 October 2021).

Before the Covid-19 changed everything, the following rules applied:

1. Visa on arrival

If you are sure that you will not stay over 30 days in Thailand, there is no need to apply for a visa. Passport holders from all the Nordic countries will get permission to stay for 30 days if they arrive at an airport and 15 days if they arrive at a land checkpoint.

Conditions are:

- a) your passport must be valid for at least 6 months on the day you enter
- b) you have proof of onward travel (confirmed air, train, bus or boat tickets)
- c) you have enough money to support yourself during the stay.

2. Tourist Visa

The Tourist Visa can be applied for at any embassy or consulate general outside Thailand. Applicants should submit a completed application form with a recent photograph. The application fee is 1,000 Baht (subject to change without notice).

Arrival with a Tourist Visa to Thailand gives you permission to stay up to 60 days if you arrive by air. If you arrive overland you may be refused entry if you have just stayed 30 days on a Visa on arrival prior to applying for the tourist visa, so it's better to fly.

3. Education Visa





Students at Government approved educational institutions can apply for a non-immigration ED (Education) visa. You can also start by coming to Thailand and then enroll in the school you choose. Often, students select the Thai language course. The school offers to handle all the paperwork, but most or all of the tuition fees must be paid up in advance. An education visa costs 2000 Baht (60 USD, 40 EUR - subject to change) paid to the Thai Embassy or Consulate. The tuition fee is not included in these fees.

4. Business Visa

If you want to work in Thailand, you will need a Business visa (non-Imm 'B'). You have to apply at an embassy outside Thailand. The easiest is to start from your home country, but if you are already in Thailand, we suggest applying at the Thai embassy in Singapore. The Royal Thai Embassy, Singapore has introduced

Electronic Visa Application (EVA), so visa applicants must fill out the application forms, submit and check application status online. Applicants start by logging into the website <http://www.thaiembassy.sg/visaonline/>

The most important paperwork you need are:

- a) letter from your Thai company stating your position and salary.
- b) corporate registration papers from the employing Thai company.
- c) A WP3 letter from Ministry of Labour that your future employer will get for you. It is a kind of pre-approval of your work permit once you come into Thailand on your Business Visa.

A business visa does not allow you to work in Thailand but is the first step needed to apply for a work permit. Additional paperwork is needed if you intend to work as a teacher. The schools



know what to provide and will hand you a bundle of documents for submission to the embassy.

5. Non “O” Visa

Applicants who have married a Thai national and wish to stay with their Thai family in Thailand can apply for a Non “O” visa. This type of visa is also the visa you need, if you wish to do volunteering work with the state enterprises or social welfare organizations in Thailand.

6. Retirement Visa

Those over the age of 50 can apply to live in Thailand for one year at a time using a retirement visa. The application starts with obtaining a three-month retirement visa, also known as an “O-A” visa. Before you buy a home, consider in the beginning to rent a property instead.

To qualify for a retirement visa you need to have the following documents:

- a) Copy of your passport
- b) Passport photos
- c) Letter from bank showing 800,000 Baht deposit, or
- d) Proof of 65,000 Baht a month income
- e) Criminal record clearance from country of origin
- f) Medical certificate
- g) Completed application form

Attorneys can come in handy during the process especially if you want to bring some of your personal items from your home country which is one of the common issues that create confusion.

The financial requirements can be a combination of both income and fixed deposit. This needs to be calculated for you.

VISA RUNS

Most foreign visitors to Thailand are granted a 30 day stay upon entry via airport, or 15 days via any land border if they arrive without a visa. Extending such a tourist visa without leaving the country costs 1900 baht and it is not possible to get more than one (1) week.

For visa runs, Malaysia and Singapore are good destinations. There are frequent, inexpensive flights to and from Thailand, and there is no tourist visa fee or tourist visa application process for arriving in these countries.

PERMANENT RESIDENCY

Applying for Permanent Residency in Thailand requires you to have the following criteria:

- a) Must have had a Thai non-immigrant visa for at least three years prior to the submission of your application.
- b) Must be a holder of a non-immigrant

visa at the time of submitting your application.

c) Must be able to meet one of these categories:

- Investment category (minimum 3 - 10 Mil. Baht investment in Thailand)
- Working / Business category
- Supports a family or Humanitarian Reasons category: In this category, you must be having a relationship with a Thai citizen or an alien who already has a residence permit as a husband or wife; father or mother; or a guardian of a Thai child less than 20 years of age.
- Expert / Academic category
- Other categories as determined by Thai Immigration

You should note that the list of required documents for the application depends on the category under which the application is made.





Moving overseas is usually one of the biggest decisions and transitions in life. There are many factors to consider and incorporate and if the whole process isn't properly thought through and planned, then your overseas dream can quickly turn into a nightmare. There are often details, you forget. Both when moving out of your previous home and when moving the home into Thailand.

To help you avoid mistakes and experience as smooth a transition as possible, here are the top mistakes expats make when relocating abroad.

1. LACK OF RESEARCH

Research is the most important part of relocating abroad. As it's such a big move,

it is vital for you to know absolutely everything well in advance. Important aspects to look into include:

- What you can/can't take with you – e.g. your wine cellar will be too costly to move to Thailand
- Start looking into international removals firms as early as possible. It's important to know the ins and outs on everything
- Pricing and budgeting – How much will flights cost, how much will transportation cost etc...
- Accommodation – Will you need to downsize? What areas are best to live in?
- Are you able to take your pet(s) with you? What vaccines/medical documents do they need?



2. POOR ORGANISATION

As with research, poor organisation is often an aspect, which causes expats to make mistakes.

As soon as you know when you're moving and where, you should start organising things such as the relocation of your belongings, what you're going to take with you and what you're going to leave behind. The earlier this is done the better, as you'll be less inclined to make further mistakes if everything is organised and sorted well in advance. Will you put some objects in storage and transport only some abroad?

3. TIME MANAGEMENT

Although you may have planned to move months in advance, you'll be surprised how quickly your moving date can approach. For this reason, it is important for you to manage your time effectively. Start getting things done early, and only leave tasks till the last minute if they cannot be done earlier.

Once you have arrived you may be surprised at how long certain things take, for example how long it will take for your shipped belongings to arrive. For this reason, it is important to manage your time effectively

4. NOT PACKING CORRECTLY

If you're sending a large majority of your stuff with a removals company, there is a possibility that you'll arrive before your belongings do. Therefore, it is important to factor this into your packing. Your suitcases should include everyday and work clothes, as well as toiletries etc. To be safe

you should pack clothes to last you a few weeks, that way you'll be covered if your belongings are delayed for any reason. In addition to this, pack sensibly. Don't move your entire winter wardrobe to Thailand.

5. INSUFFICIENT BUDGET

Expats often underestimate just how much it'll cost to relocate. Moving abroad contains many variables, so as part of your research and organisation you should start budgeting early. You should also have some money saved, to cover anything unexpected, which may occur.

6. CHOOSING THE WRONG REMOVALS COMPANY

As previously touched on, the organisation of your removals company is an important factor of your international move. As you may be sending the entirety of your belongings, it's important to know that they are in the best hands. Many expats often choose the cheapest option, due to the other high costs they may already be experiencing. This usually isn't the best approach. Instead, you should look into factors such as, previous customer feedback and ratings, experience and most importantly, what kind of insurance the company offers. These options are readily available on delivery comparison sites, such as AnyVan.com.

7. POOR COMMUNICATION

It's not uncommon for expats to only talk to the removals company to arrange the move and then not keep them updated. This can lead to problems, if you wish to add anything to your load, as the company may have only allocated space for



everything you initially stated.

To avoid this, you should try and maintain good lines of communication between yourself and the company. As soon as anything changes, let them know, for example if you're adding or taking anything out of the shipment. If possible, you should provide the contact details of someone they can reach, should you be unavailable.

8. ACCOMMODATION

It's important to know where you'll be living. If possible, you should definitely visit your destination to house hunt and scout potential neighbourhoods. Moving home domestically in Thailand might be an avoidable cost? A mistake commonly made by expats is not measuring their furniture before moving, to see if it matches up with the dimensions of their new home. Before you visit, take measurements of everything you're planning on taking with you, this way you can avoid being stuck with furniture that doesn't fit.

9. FORGOT ABOUT YOUR PET

If you have a pet and would like to take it with you, the sooner you start planning your pet's relocation, the easier it will be. Once you know and have confirmed your destination, you will need to get your pet micro-chipped by your vet. Then you will need to have your pet immunised against rabies - at least 21 days before you are due to travel. Consider getting the help from a professional animal transportation company who can give you the practical advice of transferring your pet.

10. MONEY CONSIDERATION

Will you move your money? It is sensible to open a local bank account which helps with day to day banking. It is a question, whether you should close your bank account(s) at home. If you have ongoing transactions at home (for example direct debits or income from rent or social income), it would be best to keep the account open. But you will be surprised to learn that some Nordic



banks will force you to close your accounts even you would like to keep them.

11. NOT HAVING LOCAL INSURANCE

Get informed about your short-term eligibility for medical care in Thailand. Your social security benefits in your home country does not help you here. A solution is to make a travel insurance for the first three months in Thailand, which gives you time to find a permanent solution. In Thailand, you don't have your regular doctor or General Practitioner. Instead, select a hospital and go there for a check-up so they will have your medical records.

Medical insurance is not all you need. Your property should be insured and you should have a personal liability insurance as well as an insurance on your car or motorcycle.

12. NOT HAVING A VALID DRIVING LICENSE

Get an International Driving Permit before you leave. The International Driving Permit is an annual permit which is recognised

internationally, and normally allows you to drive a car or other motor vehicle when accompanied with a valid driving licence from home. But your home country will refuse to renew your license or replace a lost license if you don't live there permanently anymore. When in Thailand, pass a driving examination to get a local license.

13. DON'T FORGET POSTAL MAIL

You don't want to miss important post, so you'll need to set up a mail redirection at the Post Office as soon as you know where you'll be living. There are charges to organise this, but the Post Office will redirect your mail for up to twelve months.

14. FORGETTING THAT YOU ARE MORTAL

If you are considering retiring abroad, it is important that you plan your estate and what happens to it when you die. Different countries have different rules when it comes to tax and estate planning. The first step is to create a will. See article about this later.



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If you plan to stay in Thailand for more than a typical vacation, finding a place to live is top priority.

RENTING

Though there are several options to choose from, it is advisable not to immediately jump into real estate and purchase a property. Renting an apartment until you are certain of your commitment level for purchase is better.

There are several types of accommodation in Thailand including high-rise apartments, condominium complexes, seaside bungalows and stand-alone houses available for rent.

Since foreigners are not allowed to own land in Thailand (see below), local landlords are sensitive to expats' rental needs, and do a good job of advertising available properties.

Individual rental agreements vary, so check the terms and conditions carefully. Most rental agreements are one-year contracts secured with a deposit. When you want to terminate the rent, the landlord must be informed at least 30 days in advance. If the agreement is terminated before the end of the signed agreement, the security deposit may be kept or returned based on the terms in the contract.

The tenant is responsible for any damage to the apartment or house as well as any

furnishings that came with the property. The security deposit will be retained to cover any damage or items missing from the property.

Local condominium apartments vary with location and design ranging from 4,000 to more than 14,000 Baht. In the most exclusive end of the market, rents up to 100,000 Baht per month are available. The high cost apartments are justified by excellent facilities and convenient location.

Tips

Bargaining is often not an option on rental prices. Many landlords would rather leave their properties empty than compromise on the rental price they find reasonable.





A recent law that must be followed by companies and individuals who own more than five houses or apartment for rent, protects renters better than before, especially against sudden eviction, unannounced inspections, and excessive deposits.

To make sure that your deposit is refunded in full, take plenty of photos of the place, and conduct an inspection of the property with the landlord in attendance, pointing out to them any problems with the place. Since you are paying for your own electricity, water and telephone bills, be sure to conserve power whenever possible.

HOME PURCHASE

Thai real estate is a complex area, so before contacting a real estate agents who have property for sale in Thailand, it may be more helpful to get to terms with the requirements of purchasing property in Thailand.

Condominiums

Condominiums are equal to what we in the Nordic countries call apartments. On certain simple condition, foreigners may legally own a condominium in their own name.

1. And it must be above the third floor. That means your apartment must be on the 4th floor or higher up.
2. It must be within the 49 percent of all the condominiums in the building that foreigners may own. In other words, a foreigner may own a condominium as long as the condo is one of the foreign quotas of the building which can usually be no more than 49 percent of the total number of condos in the building.
3. The building must be registered in the category "condominium" at the district office. Check for this carefully before signing any agreement.

Land

Foreigners are forbidden to own land. This includes attempts to evade the law through a Thai proxy or straw man/-woman - even when this would be your lawfully married wife - or a setting up of a Thai company with the purpose of evading this law.

Foreigners are welcome to purchase a land lease, also called leasehold. The maximum time limit for the land lease is 30 years and the lease must be written in Thai, although a translation may be filed along with the Thai-language contract. The contract must be recorded on the land title at the local Land Office to protect the foreigner from eviction in case for instance a new land owner would wish to build something on the land.

Once you own the land lease, you will automatically own the house, that you build on it.

Professional assistance

Visit a few real estate agents before deciding who to rely on when requesting professional help to search for property. While real estate agents are good in assisting you in your research, they are seldom independent professionals. In Thailand, a property agency is often owned by the company who built the property which would be illegal in the Nordic countries.

Select your own lawyer. Don't rely on the sellers lawyer or the agency's lawyer. The ownership issue is important to arrange in a way that can not later be deemed a circumvention of the law by the Thai authorities. If you plan to build your own house, a lawyer is indispensable.

BUILDING YOUR OWN

There are several procedures to go through prior to being able to build a





house in Thailand. Since foreigners are not allowed to own any land in Thailand, it is essential to consult an independent lawyer before going ahead with any type of building contract. You may for instance build a house on your wife's land, but that doesn't make it your house and in case of a conflict you may be kicked out.

Building permits are regulated by the Building Control Act and issued under the Town and City Planning Act. If the land to be used to build on has a clear and legal title deed, a building permit can be obtained at the Land Office. Usually, the builder applies for building permits on behalf of the construction owner.

Other factors

There are other factors that are looked at and should be observed when applying for a building permit, which is where

a lawyer would come in very handy. Also, depending on which zone you have decided to build your house in, keep in mind that several zoning restrictions may apply.

Documents needed for acquiring a building permit include:

- a) Land Title Deed (called a Chanote) that allows for real ownership.
- b) Architectural drawings.
- c) Land Development permits: Land Trade and Distribution License.
- d) Infrastructure permits; Water, electricity and housing construction.

HOME DECORATION

After making a decision and finally moving in to your new house - rented, purchased or built by yourself - it is time to turn it into a cozy and comfortable home. The Nordic kitchen concept that works as a living room has become popular.

Building material and hardware

Moving in to a new home, there are probably a number of adjustments or minor changes you would like to make to your house. In Thailand, look for some of the large chains like ThaiWatsadu, which we recommend. But other good stores like HomeWorks and Homepro are also good. You will find a variety of hardware, do-it-yourself items, garden supplies, electrical items and tools that you can use for your home.

Furniture

Depending on your desired design and trend, there are many stores which offer different varieties of furniture at attractive prices. There are a number of smaller,

more localized furniture shops with staff who can speak some English.

Asian furniture mixes nicely with Scandinavian style homes and will preserve unique memories from your stay in Thailand. One unique shop worth visiting is Abode Bangkok, where many of the items are built using reclaimed teak wood from houses, floors and walls.

Moving stuff from your home country here is a chapter by itself, but if you didn't bring anything with you from your previous home, there are furniture stores all over Thailand around such as Index Living Mall, Central Department Store, IKEA, and Concept.

In Hua Hin, visit the Swedish owned The Cabinet for inspiration.



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FACILITIES

Satellite TV

The biggest satellite TV provider is True Visions. It has a variety of channels including National Geographic, Star Movies, HBO, BBC World, Star Sports, Animal Planet, CNN, Cartoon Network among many others. The programs are available in different packages of varying costs depending on the channels that you chose. A monthly program guide will be sent to the subscriber's home address.

NETFLIX is an attractive alternative to a True package. That only means that you will have to watch news on your other devices.

To watch Scandinavian TV programs, you don't need a satellite. There are providers that offer Internet TV with modems, but it is even cheaper to open a VPN service with

a provider back home. Then you can also see the thousands of web pages, that the Thai censors do not allow the Thai people to see.

Simply search Google for "VPN services in Denmark, Sweden, Norway, Finland" and you have a handful of choices.

Postal system

Thailand Post Company Limited owned by the state is Thailand's postal service provider. There are more than 3,000 post offices in Thailand with over 30,000 smaller, privately owned branch offices in various locations.

Most post offices operate from 08:30 to 16:30 and offer a variety of services other than postal services including money transfers, bill payments and a whole range of other business services.

Thai post office accepts mail with addresses written in English language as well as Thai language.

HOUSEHOLD INSURANCE

A household insurance would be very useful in the case of unexpected damages that may occur to your home. In the case that you are renting your accommodation, it is encouraged that you don't rely on your landlord to already have some kind of coverage.

It is best to acquire an insurance that covers your home in the case of a fire, flood or theft. These are the extreme cases through which a huge amount of damage cannot be accounted for.



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Foreigners who wish to work in Thailand - regardless whether it is paid work or voluntary work - must have a work permit.

Foreigners are restricted from taking up certain occupations that are reserved for Thai nationals. Those include farm worker, hairdresser, pottery maker, shoe maker and over 39 other professions. While a new positive list is on its way, this negative list applies. But the foreigner may work in a company engaged in these sectors, for instance as export manager.

The official definition of “work” by the Ministry of Labour is “exerting energy or using knowledge whether or not in consideration of wages or other benefits”. Organisations representing foreigners working in Thailand have tried for years to request a more clear definition, but so far no Thai government has been willing to change the current regulations that could be abused by corrupt state officials when for instance retired persons are seen engaging in useful charity activities in their local environment.

A regulation to govern working as a digital nomad is way overdue, leaving thousands of digital nomads working technically illegal - and not paying taxes. The income of revenue department would benefit the nation more than the fines collected by the immigration police when arresting and deporting them.

GETTING A WORK PERMIT

A work permit is issued by the Department of Employment, Ministry of Labour. In

applying for a work permit in Thailand, you need the assistance of your potential employer. The procedure is complex and involves the collection of a large amount of documentation.

In general, there are two criteria, that must be met. The employing company must employ at least four Thais for every foreigner whose work permit it sponsors, and the company must have a paid up share capital of no less than 2 million THB per foreigner it wishes to employ.

The normal procedure to gain a work permit after arriving in Thailand is first to travel abroad, e.g. to Singapore, with the papers prepared by your new employer in order to apply at a Thai embassy for a Non-Immigrant B Visa. Recently, this embassy has introduced online application procedures, so check that out first.

When you arrive back in Thailand with your Non-Immigration B visa, your employer can start applying for a work permit. It will usually be granted for either six months or one year regardless of your contract. Once issued, a Work Permit must be kept at the place of employment ready for inspection.





Expiry

The **Work Permit expires when the Non-Immigrant B Visa expires**. Check the date of expiry of the visa and make sure it's renewed before the expiration date to avoid going through the entire application process again. **DO NOT leave the country without a re-entry permit in your passport** - if you don't have it, your visa will be cancelled automatically and you will only be able to return on a tourist visa. That means on your return to Thailand you will first have to obtain a new business visa, and then you will have to obtain a new work permit since the old one was linked to the now cancelled visa. A re-entry permit can be secured from a Thai Immigration Office or International Airport. The fees are 1,000 Baht for a single re-entry, and 3,800 Baht for a multiple re-entry permit.

A work permit is only valid for the specific job in the specific company for which it is issued, and at a specific location. Any change in duties or transfer to another employer must be applied for and approved in advance for a transfer or application of new work permit.

Employment without permit

Penalties applicable to foreigners working without work permits can be quite harsh ranging from a fine from 2,000 to 100,000 THB and/or imprisonment and/or deportation. In addition to that, working without permit may result in other penalties being imposed under the Immigration Act prohibiting re-entrance to the country (blacklisted). In practice, however, the authorities usually settle the case and deport the person from Thailand. It is highly recommended that foreigners who wish to work in Thailand make an effort to apply for a proper work permit.

JOB SEARCH

Looking for a job in Thailand may not be as difficult as you think. The newspapers carry job advertisements and there are several online job advertisement portals.

From there on, it is the same process as you would go through in any other country. It depends on the employers' needs and the job seeker's skills. The more specialised the skills, especially in the fields that are in higher demand, the better your chances.



Location is an important factor to consider. Tourist areas such as Bangkok, Pattaya, Hua Hin or Phuket pose stronger competition in the job market. Teaching is a primary job choice for many, but there are also opportunities in sectors such as banking and finance, computer and IT, sales, tourism, writing, administration and in areas using specialised skills.

Don't bother applying for jobs where the company has specified it as "Thai National Only". They cannot give you a work permit.

START UP A BUSINESS

While foreigners may set up a company in Thailand, it is not a straightforward process and all company documents filed have to be in the Thai language. The help of a professional with experience in the field is highly recommended; there are restrictions on the type and activity of businesses that foreigners can be involved with under the Foreign Business Act and other legislation.

A breakdown of the procedures to starting your own business can be summarised with:

- a) Apply for permission to use company name
- b) Deposit paid-in capital in a bank
- c) Obtain a corporate seal
- d) Get approval for memorandum of association and apply to register the company as a legal entity (final registration) at the Private Limited Companies Registrar.
- e) Submit company work regulations to the Office of Labour Protection and Welfare of the Ministry of Labour at the district where the head office of the company is located.

Each of the above procedures may take a few days to process and some may require a fee to complete.

Using a business law firms

Lawyers are quite useful for most transactions or signing of important documents as they are written in Thai. There are also certain regulations and procedures that an experienced lawyer would understand more than foreigners so they do not get stuck in any sticky situations.



Services which fall into this category include the drafting of public instruments, private contracts or agreements, registration and licensing requirements, notary services, personal legal documentation, and many others. It is best to get recommendations from people who have previously used lawyers. Some lawyers have a particular good reputation in the Scandinavian communities around the country.

CHAMBERS OF COMMERCE

To get a network of business friends, it is recommended that you join the Chamber of Commerce covering your home country. There are four Nordic chambers of commerce in Thailand. Their full names are Danish-Thai Chamber of Commerce, Thai-Swedish Chamber of Commerce, Thai-Norwegian Chamber of Commerce and Thai-Finnish Chamber of Commerce.

Dancham, Swecham, Norcham and Thai-Finnish Chamber of Commerce, are organizations that offer news and information deemed useful for you. Members are informed of events, parties, latest news and much more of what is going on in the community.

Denmark - www.dancham.or.th/

Norway - www.norcham.com/

Sweden - www.swecham.com/

Finland - www.thaifin.org/

Networking

Business and social networking used to be events that everyone looked forward to. Recently, however, some chambers have started charging hefty tickets to events even though they are sponsored by a company.

However, if you don't mind paying to meet your friends, it is a good opportunity to mingle with other people of the same nationality as you.

Around four to six times a year, all the chambers in Thailand jointly come together for an all chamber networking event. At these networking events, you are chanced to meet some of the big guns in top organizations in Thailand. Following up on all contacts you gain through these events will also improve the chances of securing a job locally.

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Living in Thailand is more affordable than living in the Nordic countries. This together with the general nature of the population and the climate makes Thailand an ideal country for retirement. In recent years, Nordic companies have started moving some tasks to be performed in Thailand. The same staff as before is doing the job, but maybe on a reduced salary. It is a win-win because having relocated to Thailand, the person will likely enjoy a higher standard of living for the reduced amount.

COST OF LIVING

The general cost of living in Thailand can be very low or very high according to the chosen life style. Renting a fully equipped, high end condo in the heart of Bangkok, dining at western restaurants every day and visiting top nightclubs often

would certainly require an income of at least 150,000 THB. There are however alternatives to this. Renting a townhouse in the suburb of Bangkok for 15,000 THB per month is quite normal for the price conscious family.

Eating out every day, mostly Thai food with an occasional western treat, purchasing Thai goods from the supermarket, and going out once a week would probably come up to 30,000 - 40,000 THB.

Food, accommodation, and shopping can be obtained at very reasonable cost but as usual, the cost of living depends on location. Renting a furnished, modern house in places like Surin, Nong Kai or Korat would be less expensive than in Bangkok or any of the traditional tourist areas.





BANKS AND ACCOUNTS

Expats are allowed to open a bank account in Thailand, but the process of doing so may not be that easy. Most banks will insist that you must have a work permit before you are able to open a bank account.

If you are staying on a retirement visa or an O-visa, a bank may be ready to allow you to open an account. Local banks in popular tourist areas are usually more helpful as they regularly deal with foreigners.

Best advice is to try a few different branches and a few different banks. Even different branches of the same bank interpret the conditions differently. The major Thai banks are Bangkok Bank, Krung Thai Bank, Kasikornbank, Siam Commercial Bank.

The alternative is to leave your money in a bank abroad and simply transfer the money you need using ATM machines or charging payments to your bank card. Be sure to withdraw money in big amounts as there is a fixed bank fee of 150 THB for dispensing any amount of money from your foreign bank card using a Thai ATM

machine. On top of that, your foreign bank may have additional charges.

PRIVATE BANKING

One of the incentives for working abroad is the opportunity to save up more money than if you were working back home. Foreigners in Thailand pay taxes usually only on the amount they are being paid by their employer in Thailand and not on any additional benefits that the employer may pay into a retirement account elsewhere in the world. The new OECD simplified shared accounting system, whereby all tax authorities world wide share basic financial details about any individual does not seem to have changed this rule for the Thai revenue department.

If you go out for networking events, you will soon get phone calls from international wealth management representatives who will ask you for a meeting where they will explain how they can make your money grow faster. While such a meeting may be educational, it is probably wise to investigate who these companies really are before you trust them with your hard earned saving.



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Instead, you should consider contacting some of the private banking institutions that serve Scandinavians living in Asia. One such solid private banking partner is Trusted Novus Bank in Gibraltar, a bank with Danish roots, and employees that can assist you in English, Spanish, French, German and Danish. Trusted Novus Bank is covered by the Gibraltar Deposit Guarantee Scheme (GDGS), protecting them in the event of a credit institution being unable to repay depositors.

INCOME TAX

Everyone, foreign or Thai, who works in Thailand or have taxable income must apply for a taxpayer's identification number which is issued by the Revenue Department on presentation of a Thai identification card or foreign passport and evidence of the need for the number.

A foreigner who lives in Thailand for more than 180 days in a tax year (the calendar year) is considered a Thai resident for tax purposes. A resident is required to file taxes on all income received within Thailand as well as income received from foreign sources brought into Thailand.

A non-resident living in Thailand less than 180 days within a tax year is only required to file a tax return and pay taxes on income received from sources within Thailand.

All foreigners who work in Thailand are generally required to hold a valid work permit for the position they hold. But a tax resident foreigner is liable to pay tax on income received, as set out above, regardless of whether they have a work permit. Recently, the tax structure was made more progressive following the following steps:

TAXATION BREAKDOWN

Deductible expenses and allowances

Certain amounts can be deducted from your income:

- 50% deduction for normal wages income and copyright income mentioned, but maximum is 100,000 THB;
- 10 to 30% deduction for income from renting out a house or land, depending on the type of property;
- self-employed people may deduct up to 30% deduction or the actual expense if proof can be provided

You may also deduct:

- 60,000 THB basic amount for each the taxpayer and his/her spouse;
- 30,000 THB for each child (with a maximum of 45,000 THB);
- 2,000 THB educational allowance for each child;
- 30,000 THB per parent in Thailand (over 60 years old and with a yearly income less than 30,000 THB);
- 60,000 THB per disabled or incapacitated person who the taxpayer takes care of.
- Life insurance premiums (max. 100,000 THB);
- Health insurance contributions paid for the taxpayer's parents (max. 15,000 THB);
- Qualified provident fund payments (max. 500,000 THB);
- Interest on mortgages following the purchase of a residential building in Thailand are deductible up to an amount of 100,000 THB;
- Contributions to a Long Term Equity Fund up to 500,000 THB;
- Charitable contributions, but not exceeding 10% if the taxable income, and;
- Donations to educational institutions may be deducted for 200% (up to maximum 10% of the taxable income).

WITHHOLDING TAX

Employers must withhold some of the money they pay to both foreigners and locals and deposit the withheld amount to the revenue department. There are different rates of withholding tax depending on the sort of income. If the foreigner is a local resident, the withholding tax can vary from 5 to 37 percent. If the foreigner is non-resident, the withholding is 15 percent.

The taxpayer will get a receipt of the amount withheld. After the year end, the taxpayer

Taxable Income (THB)	Tax (%)
0-150,000 Exempt	0
150,001 - 300,000	5
300,001 - 500,000	10
500,001 - 750,000	15
750,001 - 1,000,000	20
1,000,001 - 2,000,000	25
2,000,001 - 4,000,000	30
Over 4,000,000	35

must declare his or her income and when the amount of tax to be paid is calculated, the money that was withheld or deposited through the year will be deducted. Then the tax payer will either get money back or will have to pay an additional tax.

SOCIAL WELFARE FUND

All companies and employees including foreigners also have to make contributions to the Social Security Fund. The contribution amounts to 5% of the total salary but cannot be more than 750 Baht. As is the case in many countries, this fund serves for example for those who are injured, sick, disabled, or on maternity leave. Child welfare and unemployment (50% of the salary for maximum 180 days) are paid out of this fund as well.

Companies employing more than ten employees also have to pay a contribution to the Workmen's Compensation Fund, amounting to between 0.2% and 1% of the annual salary of the employee (depending on the assessed risks of the work). In case of injury, sickness, disablement or decease, the employee or the heirs will receive compensation (60% of the monthly salary) and reimbursement of certain costs out of this fund.



How to pick an international school?

To decide on something as important as your child's education and well-being in a foreign country might be the toughest part about moving abroad.

Choosing a new school, pre-school, or kindergarten when moving to a new country has become increasingly difficult for parents. Each institution has its own unique philosophy and attributes and in some Asian cities, the choices are endless. Comparing what each place offers with the needs of your child is no simple task.

A good place to start is to check available options in your area and ask other parents of your own nationality or other expats which school they have chosen for their children and why. This may give you some indication of which schools are popular in your area and more importantly why before you make your own inquiry into each available option.

You can find a list of many associations and institutions for your nationality in your country of residence here.

LOCAL VS INTERNATIONAL

The first thing you will have to decide on is whether you are looking for a local school or an international institution. In most countries in Asia, a local school is an option - although certainly a more challenging option for your child especially if they do not speak the local language. If your child is mixed Scandinavian - Asian this may, however, not be so frightening a prospect but it can still be a very different experience than your child has been used to in the past.

Local Thai schools offer a very local environment and teach after traditional local methods that are easier for younger children to adjust to because they have no previous school experience, but for older children, the cultural differences can be quite a shock and an important aspect to consider beforehand. Local schools, however, have an economic silver lining and are less costly compared to international schools.

Physical punishment has not been abolished in many Asian school systems, however, so talk to the school about how they administer physical punishment and ask if they can make an exception for your child if you are not comfortable with this.

If you go for an International school your child will be provided a curriculum that is not the national curriculum of the country it is located in. The most common national curricula used in international schools in Asia are the National Curriculum of England, or an American curriculum, or adapted versions of these.

An international school also provides an environment that is more familiar to that of Nordic schools and often overall has a more westernized set of guidelines and teachings. The environment of most international schools in Asia will still be vastly different from that of your own because it consists of children from around the world and your child will be exposed to a greater volume and variety of cultural influences than those who grow up in one particular cultural setting.



Outdoor Learning

- why it is important now more than ever

From early years to IB, Outdoor learning has an integral place in every student's learning journey. Learning that takes place beyond the classroom provides unique and memorable learning experiences that enhances academic ability, well being and environmental stewardship. Here are just a few of the benefits of outdoor learning.

Creating memorable learning experiences

Research suggests that learning that takes place in a variety of environments helps to create novelty, which allows a space for students to draw on their learning experience at a later date. Learning outside of the classroom can create opportunities for deeper understanding of the topic through hands-on activities. Such activities create an engaging experience which allows children to actively embrace the skill at hand and remember those skills as part of the experiential learning activity. The result is that children are later able to recall the skills and knowledge that was learnt whilst simultaneously recalling the fun experience they had while learning it! This experiential learning has been a foundation of pedagogy since the times of Aristotle, and has been a golden thread in the foundations of education philosophy around the world.

Outdoor learning aids the transfer of knowledge

Experiential interactions enhance children's levels of meta-cognition, reflective thinking and transfer of knowledge. A lesson learnt during an outdoor experience will be a lesson transferred into many aspects of one's life. Through outdoor learning, children learn to understand their character and their limits, whilst also having the opportunity to reach their full potential and embrace all that their

environment has to offer them. They will learn to be confident in the face of new challenges, whilst simultaneously being assured in their own ability.

The Hunger Games novels, for example, highlights the importance of survival skills over combat skills. As part of their curriculum, students learn that the outcome of many historical events, such as wars, were often due to the inability to meet the basic needs of survival rather than to combat.

Students can reinforce this knowledge through their own outdoor understanding of basic survival skills, and can in turn gain an empathy and deeper understanding of historical events whilst being able to use this experience in English comparisons.

Outdoor learning promotes well being and environmental stewardship

It is well known that spending time outdoors helps us to connect with others, ourselves and the environment. It has also been shown to increase mindfulness, and even scientifically revitalises the body! Studies find that more time outdoors promotes happiness, boosts energy and helps with getting a good night's sleep; but it also helps us to appreciate the environment and encourages us to care for it!

More often than not, schools are working to integrate the outdoor environment into curriculums around the world. The St Andrews International Schools Group, Thailand, are on the forefront of outdoor education, with outdoor assemblies and integrated forest school curriculums, as well as some of the most unique outdoor school environments in Thailand. Outdoor learning is embraced and children benefit from regular interactions with nature. So, what's stopping you from learning outdoors today?

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Green Valley | Ages 2 - 18

Sathorn | Ages 2 - 11

Sukhumvit 107 | Ages 2 - 18

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Both the benefits and challenges of either a local school or an international school are important and very relevant aspects of life abroad. Children studying abroad often develop a very different attitude to many issues compared to their former friends back home and even you yourself. On one hand, integration is essential and if your child is going to be raised in a culture that's not your own, it's your duty as a parent to facilitate that. On the other hand, as parents, it can be hard when parts of our own culture are lost as our children embrace a country that becomes home to them in a way it never can be to us.

Once this is said, most European families prefer the international option. In Bangkok you will find

- Bangkok International Preparatory & Secondary School (Bangkok Prep)
- Bangkok Patana School
- ISB International School Bangkok
- King's College International School Bangkok

- Shrewsbury International School Bangkok Riverside
- Shrewsbury International School City Campus Bangkok

In Bangkok there are also several schools that share the words "St. Andrews" in their name, but the schools are members of two distinctly different networks. One network is called Cognita, the other is called Nord Anglia Education.

Cognita currently has four schools in Thailand:

- St. Andrews International School, Dusit
- St. Andrews International School, Green Valley
- St. Andrews International School, Sathorn
- St. Andrews International School, Sukhumvit 107

Nord Anglia Education network has currently two schools in Bangkok:

- St Andrews International School Bangkok - Primary School (Sukhumvit 71)
- St Andrews International School Bangkok - High School (Sukhumvit Rd)

In Pattaya, the preferred choice is Regents International School Pattaya

After 7th or 9th grade, other options like one of the excellent boarding schools back home in Europe or out here in Asia may be considered.

For most European children, classes in the mother tongue are available. For example the Danish community established a few years ago a solution whereby a Danish teacher can visit and teach Danish at a number of schools in the Bangkok area. For most nationalities, classes via the internet is also an option.



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IMPORTANT FACTORS TO CONSIDER WHEN CHOOSING THE RIGHT SCHOOL

So now you have the table filled with brochures of different schools and wonder what to look for. Keep in mind your family needs, and trust yourself to balance these with your child's needs and with your search for a good quality school. Here are a few suggestions to help you make up your mind:

First: How much does the school cost?

Before spending time looking through school courses, you need to make sure that you can afford to send your child to the school. Local schools tend to be very affordable but annual tuition fees among international schools in Asia can range from \$1,800 to \$24,000. International

schools have between three to four terms per school year and normally fees are paid termly. Some International schools allow parents to pay tuition fees monthly but if this is a requirement from you, you need to check with the school first to see if that is allowed.

Annual tuition fees are not a sure indicator that the more expensive the school is, the better education and experience your child will have. Smaller schools with fewer facilities can sometimes be less costly but they can still be an excellent choice with a more close-knit community within the school.

Second: How far away is the school from your home?

Another important factor that may eliminate a few options for you easily is how far away the school is located. Bear in mind that in most big cities, it is the traveling time between your home and the school that matters and especially in larger cities, you will be challenged by some very heavy rush hour traffic. How long will it take for your child to get to school and home afterward? How will your child be going there? Coordination if you have several children under education, etc.

Third: What reputation does the school have?

Talk to people as much as possible. This is where your first intuition comes in handy and if many say the same it is probably true. Don't listen to opinions expressed by people who have no children at the school themselves - parents are quick to seek confirmation of their own choice by adopting opinions about the competing schools.

The age of the school is no sure indication either. Nothing guarantees that the

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Bangkok Patana is a not-for-profit IB World School accredited by CIS



reputation of a hundred-year-old school is better than a one-year-old school.

Fourth: What are the school's fundamental principles?

Repeated, unbiased research shows that all truly outstanding schools adhere to certain principles. While all are important, the two most important factors are:

1. The school has high expectations for all students. It means all students are expected & helped to meet high minimum goals; goals are raised for individual students as soon as they are ready to learn beyond grade level.

Avoid schools that make excuses for kids who are behind academically. If your child struggles, they may make excuses rather than help your child, too. Also, avoid schools that pretend none of their students struggle. All schools have more than a few students who face learning challenges at

some point. You need to know in advance how the school will respond.

2. The school monitors progress and adjusts teaching. It means the school assesses individual student progress often and changes teaching approaches to ensure that every child locks onto learning. This is especially important if your child is learning a new language as he or she may have mastered math in your native language, but having difficulties with mathematical terms in another language. Choose a school that will keep your child's levels up but will adjust teaching approaches to make sure the right language skills are taught at the same time.

Fifth: How are the courses at the school and do they match my child's needs?

All children need a school that will appropriately challenge and nurture them to succeed in core academic subjects, but research shows you can significantly



REGENTS INTERNATIONAL SCHOOL
PATTAYA

A NORD ANGLIA EDUCATION SCHOOL

Yuika, Year 4, Regents International School Pattaya

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Where great thinkers are made

We want your child to imagine a world of infinite possibilities. Yuika builds on her 21st century skills in the STEAM Machine at Regents International School Pattaya - skills that will help her invent the future.

This term, Yuika and her Year 4 classmates are working on a STEAM project to design and build a scale model of a traditional hill tribe house of northern Thailand.

See how your child can be inspired at
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improve your child's life and school performance by choosing and working with the right school, so you have plenty of reasons to give it your best effort.

The school's courses and programs will most likely be listed in the school's information packages. They will talk about British Curriculum and American Curriculum and - what most Scandinavians these days go for - the IB curriculum.

This is important if you relocate in the future so choose what fits best with the school system back home. Both the British Curriculum and the American Curriculum, however, are recognized and accepted worldwide.

Ask questions about the tests and exams which are offered and used as an evaluation method. Some international schools require a certain level of English language skills before accepting new students and it is, therefore, an important factor to look into if your child has little or no English language skills. Some international schools

offer pre-language courses to help your child to an easier start and some international schools offer private tutoring to help your child excel faster once accepted into the school. If your child is already a secondary school student, ask how well the graduating students do in getting accepted into major universities both in your current country, back home, and elsewhere overseas.

You can also find out if the native language and culture of your child is taught as optional learning as your child needs to keep his or her ties to your cultural background. It is also important for you. If such optional learning is not offered, most Asian cities have local Scandinavian communities where native Nordic languages often are taught as an after-school activity.

Sixth: What other activities can the school offer your child?

Besides the fundamental course works, what kind of arts, sports, community service does the school offer? Are there



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f @ v a bangkokprep

proper facilities to support those activities?

It seems that schools almost compete with each other when it comes to sports, thus many schools will have gymnasiums and sports complexes, which are either new or remodeled. But maybe your child is more into other activities - computer programming, performing arts?

Most schools offer after-school/weekend programs as well as field trips and community services. You should be able to freely pick the activities that best suit your child. Engaging in after-school activities is also an excellent way for your child to make new friends faster.

Seventh: Does the school have qualified personnel?

This is not as obvious as you may think. The school is most likely private and qualifications for employment are not always as strict as for schools back home. What educational degree do they hold? How long have they been teaching at the school? What kind of teaching methods do they prefer? Are they involved in planning and evaluating the curriculum? Will they be giving special attention to each child's problems or personal needs? And more importantly, what do they do to make sure new students are welcomed and able to settle in the smoothest way possible.

Eight: What do the current students think of the school?

If it's possible, talk to some of the existing students. Are they happy there? Do they look motivated to learn? How will the school help your child get started? Do they assign so-called "buddies" (another student from the same country) for new students? Most schools have established student organizations to provide service

to students at a personal level. Here, students can get help with studying, working, individual needs, and so on.

Ninth: How is the relationship between the school and the parents?

You will obviously not be able to monitor your child in school. The teacher will have to be your eyes and ears. You must be notified of your child's functionality regardless of grade, and regardless of whether it includes bad behavior or progress your child has made. Make sure that you can get informed as often as possible especially in the beginning to make sure your child settles in well at school. You may also join a parents' volunteer program if available. Some schools may offer activities for the whole family as well.

Your most important task after selecting a school - watch your child!

Moving to a new country, enrolling at a new school, and having a daily life in another language is an adjustment especially for children. It is therefore important that you make a habit of spending more time than you used to back home talking to your child about how school was today. What they did in class, and what they did outside. Let her or him tell you about their new friends. Listen.

All may initially sound fine and uncomplicated, but that may just be a honeymoon period. Your child will be filled with new impressions and new ways of doing things and therefore, this is the most important step of them all. If your child develops in any way you find disturbing or even develops signs of discomfort with going to school, you should think twice before you tell your child that "this is life - it is not always pleasant!". Allow them to adjust, support them in their transition and understand



that this may be hard for them. They might feel frustrated that they can not communicate as freely at school as they are used to in their native language so have patience with them. Help them establish friendships outside school by inviting classmates home for playdates as this also helps your child speak the language much faster.

The process of starting in a new school abroad can also be hard for parents so speak to other parents who have gone through the same and listen to their advice. Things might not happen as fast as you would like them too but trust the process. Accept that the transition takes time and remember that after a few months, most kids suddenly excel at life abroad.

FINAL THOUGHTS

The perfect recipe for choosing the 'ideal' school for your child does not exist. Many parents simply go by their own parental instincts. This is natural, and there is certainly nothing wrong with trusting your own instinct in the process. After all, you should feel comfortable and confident in leaving your child at the school gate in the mornings. Never mind how diligent you do your homework - and maybe the above list is a bit excessive - you will never be able to foresee if your child will thrive at the school.

However, the few professional tips and suggestions above should give you some ideas about what to look for when making up your mind. Keep in mind the important role you are taking in deciding the right choice for your child's new school will contribute to your child's progress toward a crucial foundation and an enjoyable schooling experience.



NURTURING A GREAT HEART AND A GREAT MIND

King's Bangkok welcomes children from Early Years to the Senior School

At King's College International School Bangkok, we want to create one of the best schools in Asia, which will allow our students to become well-rounded individuals who embody kindness, good manners and wisdom. This means that we want every child to be happy and excited to come to school; to feel valued for who they are; and to feel supported to do their best. So how does King's Bangkok do this?



WORLD-LEADING PARTNERSHIPS

We are fortunate to have the full support of King's College School, Wimbledon, which is one of the world's most academically successful schools. They help in every aspect of our school and form part of our Board of Governors. They have helped us produce a school based on the three pillars on which they base their success: Academic Excellence, Pastoral Care and a Co-curricular Programme.

ACADEMIC EXCELLENCE: IT DOESN'T HAVE TO BE BORING

As we have developed our curriculum from King's Wimbledon, we know that we have a proven record of making learning engaging and inspiring. Our children will develop themselves and be competitive in the global market; they will go on to study IGCSEs and A-levels, which will give them pathways into the best universities internationally; and, they will develop the

habits of lifelong learning. This does not mean long hours of homework or rote learning! Instead, they are kept busy, but pushed in many ways: they may be in the classroom in the morning, the Art Studio after break, and then doing drama and activities in the afternoon.

PASTORAL CARE

Pastoral care is how we look after the emotional wellbeing of our students: how we make sure that they are happy. We all know that happy children do so much better at school, that they work harder, and feel able to push themselves out of their comfort zones. We do this by giving every student a tutor who will know everything about them and will form a strong relationship to guide them through the school.



CO-CURRICULAR PROGRAMME

The Co-curricular Programme is embedded in the school day to allow students to follow their interests, find new hobbies and develop a diverse range of skills. These could be clubs and societies, a compulsory set of sporting, creative and academic activities built into their timetable (we call these CCAs), or optional activities after school called ECAs. Whether your children are interested in sport, art, maths, computing, or anything else, there will be

an activity for them to enrich the curriculum and to make them feel that the school values their unique mixture of talents.



TEACHERS

All of our teaching staff have a final round interview with King's Wimbledon, and therefore parents can be confident that the teaching and learning is of the same quality as that in the UK. In fact, for some subject areas like STEM (Science, Technology, Engineering and Maths), we have teachers who previously taught at King's Wimbledon. After our very first term, 100% of parents reported that their children are happy to come to school and 100% said that they have seen good to excellent all-round development in their children. These results were made possible by our dedicated and passionate teaching staff.



KING'S COLLEGE
INTERNATIONAL SCHOOL
BANGKOK

We welcome families everyday to our campus in Ratchada-Rama 3, a 5-km drive from the financial district, where we share more insights about our educational approach. If you would like to learn more about us, please find out more on www.kingsbangkok.ac.th or call +66 (0) 2481 9955.



Medical services in Thailand are generally praised by foreigners living here as of high standard and relatively affordable. In all the major tourist destinations, Thailand's health care system provides both public and private hospitals or clinics staffed by well-trained doctors and nurses. An ambulance can be summoned from a private hospital in the case of an emergency.

In Bangkok, Bangkok Hospital is considered as a provider of top quality medical treatment with a service standard that may indeed make your hospital stay a great pleasure.

Watch out that you have valid health insurance, or else it may be incredibly expensive. Accidents happen – and they can happen in the strangest places at the strangest times, like on the side of a mountain in Krabi or in an alley in Bangkok at 3 am. Travel insurance can cover you for all sorts of mishaps during your travel.

A special warning should be given to people who extend their stay beyond their initial planned vacation: Do not forget to also extend your insurance!

Currently, there is a campaign for allowing Swedish residents in Thailand to be covered by an extension of their Swedish healthcare insurance from back home. However, it has not yet been approved.

A word about vaccinations should be included here. Although vaccinations are recommended by the authorities in your

home country, it is worth a thought that most people living in Thailand do not have these expensive vaccinations. If you're planning on trekking or passing through the more remote areas, then check out the list of recommended vaccinations for visits to Thailand. Otherwise, consider not taking them.

MEDICAL TOURISM

Thailand has over the past two decades emerged as a regional leader in what has been called Medical Tourism. It covers the full spectrum from expecting mothers traveling from Laos or Cambodia to give birth in Bangkok to major dental works and elaborate beautification operations like reducing belly fat and enlargement of - or creation of - female breasts.

Unlike most Western countries, the cost of private medical treatment is cost effective. Treatments are usually cheaper than what it would be back home, plus you do not need to wait on long lists of other patients. One can just about get the procedure done "on arrival" and recover at one of Thailand's many wonderful beach resorts - a pretty good offer to beat.

High marks are usually given to Thai hospitals from embassies of many countries. Are there risks involved? Yes, but this is true for any country.

First, there are many countries that have different diseases. Second, there may not be a great avenue (if any) to lodge complaints. For each particular treatment,



you should do your own research to plan for the possibility that things don't go as expected.

HEALTH CARE FOR THAIS

One of the benefits of living and working Thailand is that you would be covered under the Thai healthcare system. This applies to people working for a company or government entity. However, business owners and shareholders would not be entitled to coverage.

For Thai people, Thailand currently has three major healthcare schemes: The universal healthcare scheme, the health-benefit part of the social-security scheme, and the healthcare programme for civil servants and their family members.

The first programme covers about 48 million people. The second programme covers 9.4 million subscribers. The third scheme takes care of some 5 million civil servants and their families.





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-  Spine Center
-  Orthopedic Center
-  FIFA-Accredited Sports Medicine Center
-  Bangkok Heart Hospital
-  Bangkok Cancer Hospital



Going to the beach is not limited to a particular time of the year when you are living in Thailand. Anytime you feel like it you can just grab your beach bag and go for a single day, a long weekend or a full week of basking in the sun, swimming in the ocean, building castles with the kids in the sand and indulge in great, fresh seafood in the evening.

WE ARE SPOILED!

Families flock to Thailand from all over the world for those all inclusive resorts that offer watersports, family activities, elaborate pools and even on-site water parks. At some resorts, kids' programs are outstanding, with separate activities for many different age groups, plus teen programs and nurseries.

Living in Thailand, we often forget that these vacation opportunities are right here on our own door step, so much more affordable and with a choice so much wider than if you are sitting with a catalogue back home in Scandinavia.

Recently, staying totally nude all day during your vacation has become an option at

a string of naturist or nudist resorts linked together under the umbrella of Naturist Association Thailand. These resorts offer recreation in a non-sexual, family inclusive setting. A great way to relax after a day out exploring the local life and a bit of sightseeing.

CURE FOR WORKAHOLICS

For many expat families living in Thailand, one serious reason to go for a beach vacation is the fact that the bread winner - often the father of the family - is quite hard working. He will often spend up to eighty hours working each week and although his income is appreciated by his wife and children, they often need his attention and affection more.

This is where a beach vacation is better than any other form of recreation because it gets you away from the routines of life. There is no need to talk on cell phones, check emails, or be running here and there every evening to attend meetings or events.

A beach vacation is the perfect getaway for couples and families that need to relax and be unrestricted in time together. You can spend a full day simply enjoying the beach, play in the water, go to your room and make love in the bathtub or explore other ways of spending time together. There is perhaps nothing as therapeutic for a family than extended time together.

Go for that beach vacation! Get high on the smell of the ocean, the sound of the waves. Rediscover your life.





EXTRA TIP

Here are a few small suggestions that can be useful for added pleasure.

Avoid “project building”. The more spontaneous a beach vacation comes, the better. The formula is simple: Expect less, appreciate more.

Check your health insurance. If you'll be boating, parasailing, diving or participating in other potentially dangerous water sports, ask your health insurance if you are covered should you get hurt. A word of advice, though, do not rent jet-skis or water scooters - operators are known to scam foreigners and claim compensation for fake damages.

Coastal living is great. Why not shop a bit around at see what kind of house or condominium you could buy or rent. Just in case you should ever actually take that “Thaime out” which is such a fun idea play with.

Make a list of “next time we get here”. Then start doing them one by one.

Live life like you got one!

PACKING LIST

Here is a quick list of things to pack in that “spontaneous” beach bag of yours:

- Sun block or tanning cream
- Lip balm with sunscreen
- An extra suitswimsuit (two, per person)
- Aqua shoes
- Swim goggles
- Sunglasses
- Shorts and a sarong
- Beach & water toys
- Light reading material
- Ear plugs if your child needs them when swimming
- Insect repellent
- Afterbite, for insect bites
- Band-aids
- Contraception

- Needle and thread
- Plastic food container.

WATCH OUT FOR SUNBURN

Enjoying leisure time in the sun is quite appealing and there are more benefit than health risks in doing so, but be careful out there. The sun has a lot of power.

Do protect yourself even on a cloudy day. Clouds can be dangerous because they can create a magnifying effect with the sun. Also, if the clouds are very high 95% of solar radiation passes through them.

Do take into account factors such as the color of water and sand. In places where crystal clear waters and white sand, the sun is more dangerous because their impact is reflected and multiplied.

Do not assume a “water-resistant” or “waterproof” sunscreen will last longer. Even these formulas will wear off after 30 minutes or more spent in the water or after excessive sweating. They can also easily rub off when you towel-dry after a swim.

Do stay out of the sun in the middle of the day. The sun’s rays are at their strongest between 10 a.m. and 4 p.m., so direct sun exposure is best avoided during that time .

Do not panic if you get sunburned. Most burns can be treated with cool baths, moisturizers, over-the-counter hydro cortisone creams, and an anti-inflammatory, such as aspirin or ibuprofen. However, if you also have a headache, chills, or a fever, you may be suffering from heatstroke as well. Seek medical help immediately if this is the case.



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Phang Nga Bay Cave



Bungalow Pool view



Golf Course



Phang Nga Bay Cave

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Many expats living in Thailand consider playing golf an important part of their lives. They are joined every year as fall and winter approaches by migrating golfers who come to Thailand to play more golf in one of Asia's golf densest countries.

Golf in Thailand is usually played in high temperatures placing added emphasis on the importance of the - mandatory! - caddy, food and beverages services, and extensive changing, washroom and spa facilities at the club house for getting yourself re-energised after the round.

Green fees also remain below many competing destinations when considering the very high quality of the golf courses and resorts.

LEARNING GOLF AS A FAMILY

Beginners and juniors are welcome on Thailand's golf courses. The attitude is that if you've paid a green fee, you can play – as long as it's not to the detriment of the course or the other players.

But if neither the parents nor the kids have ever played before, the starting point is usually one of the golfing schools or academies or even the local driving range; the young ones can start from six years old to make a start.

Where ever you are in Thailand a driving range won't be too far away. For a handful of Thai Baht for a tray of balls, both grownups and kids can have fun learning how to hit the ball by watching the pros before having a go themselves. Almost





every range has a pro standing by in some shape or form; some are USGA or Thai PGA qualified or are former touring pros plying their trade.

Many of the international schools in Thailand have full golfing programs and either have in-house teachers or employ the regular services of a local golf pro from one of the courses or driving ranges; so once or twice a week the kids are getting proper schooling in the technicalities as well as the etiquette of the game.



A great way to get started both for grown-ups and kids is to visit one of several par 3 courses that exist around the country, if possible during the week when they're not so crowded. It's also best to avoid rainy days.

THAI NORDIC GOLF SOCIETY

Monthly Tournaments of the Thai Nordic Golf Society is played using stableford system. Members with a valid handicap are divided into 2 groups (as per TGA handicap):

Gold Flight: Handicap 0 - 18.4

Silver Flight: Handicap 18.5 - 32

Guest Players and members with no TGA handicap, will play in the guest group.

Longstayers or residents who would like to have an official handicap issued can join the Thailand Golf Association (TGA), and Thai Nordic Golf Society will be happy to assist members apply for the TGA membership.

To join Thai Nordic Golf Society, visit <https://sss.or.th/golf-section/>





If you die in Thailand and have not made arrangements in advance, you are the only person to blame for the big mess that you leave behind.

In Thailand, it is necessary to report any death to the police within 24 hours. This is the case even if the death is expected such as after an illness or accident. The police are then responsible for contacting the appropriate Embassy, who will inform the relatives back home.

The cause of death will have to be determined by the Examining Magistrate, so the body will be sent to their department for examination. The body is generally released to the family within three days of the examination for a cause of death that is not suspicious.

The death certificate will then be issued

automatically by the office. If the cause of death is deemed suspicious or as a result of possible criminal activity, the body will be held pending investigation. A civil registry death certificate and a doctor's death certificate will be issued automatically by the office when the body is released. The death is automatically registered in this way, and there is no need for the family to visit the local registry office. The body will only be released once all medical bills and charges for hospital stays have been cleared.

WHO WANTS YOUR BODY?

Every year, several of the Nordic expats who die in Thailand end up being cremated at a random monastery as unwanted bodies. This is not because their identities are not known - they have been identified, but nobody out here and nobody back in



the Nordics have any affection left for the deceased. So they inform the embassy that they are OK with the deceased being cremated along with other people with no relatives and the ashes scattered in the river or otherwise respectfully disposed of.

Repatriating a deceased person is also an expensive affair. The cost of sending a body home is around 35.000 DKK. It includes embalming, a metal coffin and all documents needed. Sending an urn home is approximately 11.000 DKK, and there will still be a funeral back in Scandinavia to pay for once the ashes or body arrive.

WHO WANTS YOUR MONEY?

While nobody may want your body, everybody will want your money if you leave anything of any value behind. Children back in Scandinavia may be in for a nasty surprise. In Scandinavia, children are by law entitled to receive a minimum percentage from the estate. In Thailand, the Thai wife gets it all,



and the children receive nothing until she dies.

Relatives from back home often complain to the embassy in Bangkok and ask for help, but if there is no will, they will not inherit a single krone from their deceased parent.

The embassies also witness situations where a Thai spouse gets absolutely nothing even though she was taking care of the deceased for the past many, many years. If the couple did not register a marriage under Thai law, the estate will go in full to the children in Denmark - who do not want to share anything with the bereaved Thai spouse. Her only chance is to prove to the court that she and the deceased had joint earnings while living together.

So ask yourself, should your Thai spouse should inherit anything? If so, go and get married and register your permanent address in Thailand! Inform the authorities back home too. If you want her to be kicked out of your shared home after you are dead, then you should of course not marry her...

On the other hand, if you don't think it is fair that your Thai wife should take it all and give an F... finger to your children from your previous marriage back home, then you really should write and register a will. It is your own will and you can choose exactly who and what to include, as long as it is within the rules of the law on heritage.

To make sure your will is valid in Thailand, you should have it translated and legalized by the Thai Foreign Ministry and your Nordic Embassy in Bangkok. If the will is made in your home country, it must be translated and then likewise legalized by the Ministry of Foreign Affairs in Thailand and the Embassy of your own country in Bangkok.



THE RIGHTS OF A RELATIVE

Further to the general rules on inheritance mentioned above, it is important to be aware that the official permanent residence address can influence the game. If the deceased is registered with a permanent residence in the Nordics, the national law of inheritance in that country will apply. If your permanent address is in Thailand, Thai rules will apply. This means that if you have assets in both countries and your permanent address is in Thailand, the combined inheritance will be distributed according to Thai rules and vice versa. Sometimes scenarios like this

can be troubling to a family at home if they for instance live in a home owned by the deceased.

For the Thai spouse, the most important documents to obtain are the death certificate and the Court's Order appointing her as the heir. The documents are used to get the corpse from the hospital, money from bank accounts and to get the deceased erased from the house registration book. To be granted ownership of the inheritance in Denmark, the Thai death certificate must be translated to English or Danish and the Danish Embassy and the Thai Ministry of Foreign Affairs have legalized it before a Danish court will accept it.

If the Nordic relatives need a copy of the death certificate, they may get in touch with the Thai Embassy in their home country. The Embassy's consular service section will be able to help process your request to obtain a copy of a death certificate. If they are in Thailand, they can contact the Consular Department, Ministry of Foreign Affairs, 123 Chaeng Wattana Road, Bangkok 11120. Tel: +66 2 575 1054.



Traditionally, the year for expats in Thailand started in September when people were “back after the summer”. The year ended in June when it was time to “go back for the summer”. Although this pattern has its roots in old colonial British times, many expats still follow roughly that year and enjoy a long summer vacation back home before coming back for a long straight period of work during autumn, winter and spring.

However, many young people employed on local contracts tend to break away from the colonial expat life cycle and follow instead the Thai year with the main vacation around Songkran in April.

The international schools follow the expat summer break rhythm, while local Thai schools follow the Thai calendar dating back to King Rama 6. According to that calendar, the new year starts on the 1st of April. So the students in a Thai school have year-end exams in March and then go on a break until the school opens again in May.

AUTUMN IN THAILAND

In September, back after the summer, you can look forward to a straight ten months in Thailand. During that time, a wide variety of events are being organized and offered by the social associations and the various business associations.

One of the highlights in the autumn is the Crayfish Party organized by the Scandinavian Society Siam, usually the last Saturday in September or the first Saturday in October. SWEA and DWN usually also have a “welcome back” event. The same goes for the Scandinavian Expats in Pattaya and the Scandinavian associations in Hua Hin.

Throughout the autumn and the following spring, the Norwegian Church in Pattaya keep up an impressive number of well-visited community events including of course the Sunday Christian services. The same is to a lesser extend the case for the Church of Sweden in Bangkok and Phuket

On 24 December, Christmas Eve, many Scandinavians in Bangkok join the Nordic service in Christ Church with the gospel read in all four home languages - sometimes even in Icelandic, too.

SPRING IN THAILAND

Spring in Thailand can be an extremely hot season until the Songkran water festival, when the monsoon changes and we get rain and cooler winds..

The spring is also the season for all the Annual General Meetings making their selections of new members to head the different boards of directors. SWEA, TSOC and DTCC have their meetings in March, and so does the the Nordic associations in Hua Hin, SSS holding their event in late April. The Thai-Finnish Chamber of Commerce - the first of the Nordic business associations - hold their AGM in August.

Many people feel that time goes faster in Thailand than back home. That is of course nonsense, but suddenly it is indeed June again and another year has gone. Time to go “back for the summer”.

The calendar on scandasia.com gives the most comprehensive overview Nordic events. Other communities have similar online communities, where you can also subscribe to emails and join in chats. Much is also organised using the services for groups offered on Facebook.

2021

July

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

24 – Asanha Bucha

25 – Buddisht Lent Day

28 – H.M. King Maha Vajiralongkorn Phra
Vajiraklaochaoyuhua's Birthday

August

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

12 – H.M. Queen Sirikit the Queen
Mother's Birthday

September

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

13 – H.M. King Bhumibol Adulyadej The
Great Memorial Day
23 – Chulalongkorn Day

November

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

5 – H.M. King Bhumibol Adulyadej
the Great Memorial Birthday
10 – Constitution Day
31 – New Year's Eve

2022

January

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
1 – New Year's Day						

February

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					
16 – Makha Bucha Day						

March

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
6 – Chakri Memorial Day						
13, 14, 15 – Songkran						

May

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
1 – Labor Day						
4 – Coronation Day						
13 – Plowing Day						
15 – Visakha Bucha Day						

June

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
3 – Queen Suthida's Birthday						



Recommended Services

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Bangkok 10230
www.scandmedia.com

Health Care



Bangkok Hospital
Bangkok 10310
www.bangkokhospital.com/en



Bangkok International Dental Hospital
Bangkok 10110
www.DentalHospitalThailand.com

Hotels and Resorts



akya Thonglor Bangkok Hotel
Bangkok 10110
www.theakya.com/bangkok/thonglor/



Aleenta Hua Hin - Pranburi Resort & Spa
Pranburi, Hua Hin 77220
www.aleenta.com



Dolphin Bay Resort
Hua Hin 77120
www.dolphinbayresort.com



Aleenta Phuket - Phang Nga Resort & Spa
Phang Nga 82140
www.aleenta.com

Insurance



Thaivivat Insurance Pcl.
Bangkok 10400
www.thaivivat.co.th

Insurance Broker



IIB (Thailand) Co., Ltd
Bangkok 10330
www.iib-thailand.com

International Schools



Bangkok International Preparatory &
Secondary School (Bangkok Prep)
Primary Campus, Bangkok 10110
Secondary Campus, Bangkok 10110
www.bangkokprep.ac.th



Bangkok Patana School
The British International School in Thailand
Established 1957

Bangkok Patana School
Bangkok 10260
www.patana.ac.th



ISB - International School Bangkok
Nonthaburi 11120
www.isb.ac.th



KING'S COLLEGE
INTERNATIONAL SCHOOL
BANGKOK

King's College International School
Bangkok
Bangkok 10120
www.kingsbangkok.ac.th



Regents International School Pattaya
Chonburi 20150
www.regents-pattaya.ac.th



Shrewsbury International School Bangkok
Riverside, Bangkok 10120
City Campus, Bangkok 10310
www.shrewsbury.ac.th

International Schools



St Andrews International School Bangkok
- Primary School (Sukhumvit 71)
Bangkok 10110
www.standrews.ac.th

St Andrews International School Bangkok
- High School (Sukhumvit Rd)
Bangkok 10110
www.standrews.ac.th



St. Andrews
International School

Dusit Green Valley Sathorn Sukhumvit 107
www.standrews-schools.com

St. Andrews International School,
Dusit Bangkok 10300
www.standrewsdusit.com

St. Andrews International School,
Sathorn Bangkok 10500
www.standrewssathorn.com

St. Andrews International School,
Sukhumvit 107 Bangkok 10260
www.standrewssukhumvit.com

St. Andrews International School,
Green Valley Rayong 21130
www.standrewsgreenvalley.com

Moving & Relocation



ASIAN TIGERS
GROUP

Asian Tigers Group
Bangkok 10110
www.asiantigersgroup.com/thailand

News Media

ScandAsia.com
NEWS FOR SCANDIVIANS IN ASIA

Scandinavian Publishing Co., Ltd.
Bangkok 10230
www.scandasia.com

Private Banking



Trusted Novus Bank
Gibraltar
www.trustednovusbank.com

Retirement Homes



Scandinavian Village
Chonburi 20130
www.scandinavianvillage.net



A directory of companies in Thailand with a Nordic affiliation

A

Aava Resort & Spa	Nakhon Si Thammarat 80210	https://www.aavaresort.com/
ABB Power Grids (Thailand) Limited	Bangkok 10330	https://www.hitachiabb-powergrids.com
ACT Logistics Group (Thailand)	Bangkok 10110	https://www.myact247.net/en-gb/team
Adiantes Co., Ltd.	Bangkok 10110	https://www.adiantes.com/
Agon Pacific Co., Ltd.	Bangkok 10110	https://www.agonpacific.com/
Aibel (Thailand) Ltd.	Rayong 21130	https://aibel.com/



akrya Thonglor Bangkok Hotel	Bangkok 10110	https://www.theakrya.com/bangkok/thonglor/
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Aleenta Company Limited	Bangkok 10230	https://aleenta.com
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Alfa Laval (Thailand) Ltd.	Bangkok 10240	https://https://www.alfalaval.com
Amata Corporation Public Co., Ltd.	Bangkok 10320	https://amata.com/eng
Andersen Consult ApS	DK-9000 Aalborg, Denmark	https://andersenconsult.com
Area Digital Solution Inc	Bangkok 10110	https://https://www.areadigital.asia/
Aritco (Thailand) Co., Ltd.	Bangkok 10120	https://https://www.aritco.co.th/TH/home
AS Friis Ltd.	Bangkok 10110	https://www.as-friis.com/
Asian Assistance (Thailand) Co., Ltd.	Bangkok 10900	https://www.asianassistance.com
Asian Institute of Technology	Pathumthani 12120	https://www.ait.ac.th



ASIAN TIGERS GROUP

Asian Tigers Group	Bangkok 10110	https://www.asiantigersgroup.com/thailand
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AsiaOne International	Bangkok 10120	https://www.asiaone-thf.com
Assa Abloy (Thailand) Ltd.	Bangkok 10250	https://www.assaabloy.com
Assab Steels (Thailand) Ltd.	Samut Prakan 10540	https://www.assabth.com
Astra Zeneca (Thailand) Ltd.	Bangkok 10120	https://www.astrazeneca.co.th
Atlas Copco (Thailand) Ltd.	Chacheongsao 24180	https://www.atlascopco.com
Autoliv (Thailand) Ltd.	Chonburi 20000	https://www.autoliv.com
Axis Communications (Thailand) Ltd.	Bangkok 10110	https://www.axis.com/th/en/

B

Baan Sabajjai (Pattaya) Co., Ltd.	Nakhonphanom 48110	https://www.baan-sabajjai.com
Baker & McKenzie Ltd.	Bangkok 10500	https://www.bakermckenzie.com
Banana Shoes Asia Co., Ltd.	Bangkok 10110	https://www.bananashoes.com
Bang & Olufsen	Bangkok 10330	https://stores.bang-olufsen.com/en/thailand
Bangkok Bank Public Company Limited	Bangkok 10500	https://www.bangkokbank.com
Bangkok Dusit Medical Services	Bangkok 10310	https://www.bgh-th.listedcompany.com



Bangkok Hospital	Bangkok 10310	https://www.bangkokhospital.com/en
Bangkok Hospital Hua Hin	Prachuap Khirikhan 77110	https://www.bangkokhospital.com/luahin
Bangkok Hospital Phuket	Phuket 83000	https://www.phukethospital.com/



BANGKOK PREP

Bangkok International Preparatory & Secondary School
Est. 2003

Bangkok International Preparatory & Secondary School (Bangkok Prep)	Bangkok 10110	https://www.bangkokprep.ac.th
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Bangkok International Dental Hospital	Bangkok 10110	www.DentalHospitalThailand.com
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Bangkok Mold Consultant Ltd. Part

Bangkok 10160

<https://www.bangkokmolds.com>**Bangkok Patana School***The British International School in Thailand
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Bangkok Patana School

Bangkok 10260

<https://www.patana.ac.th>

Barefeet Naturist Resort

Bangkok 10230

<https://www.barefeetnaturistresort.com>

Beauty Medical (Thailand) Co., Ltd.

Bangkok 10110

<http://beautymedicalthailand.com/>

Benchachinda Holding Co., Ltd.

Bangkok 10900

<https://www.benchachinda.co.th>

BillerudKorsnas

Bangkok 10110

<https://www.billerudkorsnas.com>

Biogasclean (Thailand) Ltd.

Samutprakarn 10280

<https://biogasclean.com/>

Black Mountain Golf Club Hua Hin

PrachuapKhiriKhan 77110

<https://www.blackmountainhuahin.com>

Blue Business Solutions Limited

Bangkok 10330

<https://www.blue.in.th>

BNH Hospital

Bangkok 10500

<https://www.BNHhospital.com>

Brighton College International School

Bangkok 10240

<https://www.brightoncollegebangkok.com>

British International School Phuket

Phuket 83000

<https://www.bisphuket.ac.th>

BT Flindt

Phuket 83130

<https://www.bt-flindt.dk>

Bumrungrad International Hospital

Bangkok 10110

<https://www.bumrungrad.com>

Burapha Agroforestry Co., Ltd.

Vientiane, Lao PDR

<https://www.buraphawood.com>

Business Finland (FinPro / Tekes)

Kuala Lumpur 50450,

<https://www.businessfinland.fi>

Business Sweden

Bangkok 10330

<https://www.business-sweden.se>**C**

C&C Travel SE Asia

Bangkok 10110

<https://www.cctravel.co.th>

Cajutan Co., Ltd.

Hua Hin 77110

<https://www.cajutan.com>

Camfil Thailand

Bangkok 10310

<https://www.camfil.com>

Capaciton Ltd.

Bangkok 10250

<https://www.capaciton.com>

Car-O-Liner (Thailand) Co., Ltd.

Bangkok 10250

<https://www.car-o-liner.com>

Caretex Asia Ltd.

Chonburi 20230

<https://www.caretex.dk>

CCM Center for Change Management Ltd.

Bangkok 10110

<https://www.ccm.co.th>

Centara Grand & Bangkok Convention	Bangkok 10330	https://www.centarahotelsresorts.com
Centry Ltd.	Bangkok 10110	https://www.centry.global
Chilindo	Samut Prakan 10560	https://www.chilindo.com
Christiani and Nielsen	Bangkok 10260	https://www.cn-thai.co.th
Church of Finland Bangkok		https://www.suomenkirkkothaimaassa.net
Church of Sweden	Bangkok 10110	https://www.svenskakyrkan.se/thailand
Ciptor Asia	Bangkok 10110	https://www.ciptor.com
Clarity IT Co., Ltd.	Bangkok 10330	https://www.clarity.co.th
Codemate Ltd.	Bangkok 10310	https://www.codemate.com
Condato Asia Ltd.	Bangkok 10250	https://condatogroup.com/
Connecting Global Ltd.	Samut Prakan 10560	https://www.global-connection.info
Conrads Deli	Bangkok 10250	https://www.conradsdelishop.com

D

D2 Real Estate Co.,Ltd.	Rayong 21160	https://www.vipreal.info
Dacon Inspection Services Co., Ltd.	Rayong 21130	https://www.dacon-inspection.com
Dairy-Tech Thai	Pathum Thani 12000	https://www.dairy-tech.dk
Danfoss (Thailand) Co., Ltd.	Bangkok 10320	https://www.danfoss.com
Danish Bakery	Bangkok 10110	https://www.danishbakery-deli.com/
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Danish Loft Design	Bangkok 10110	https://www.danishloftdesign.com
Danish-Thai Chamber of Commerce	Bangkok 10400	https://www.dancham.or.th
Dansk Kirke Thailand	Bangkok 10400	https://www.danishchurch.in.th
DanThai Machinery Co., Ltd.	Chonburi 20230	https://www.dan thai-machinery.com
Det Norske Veritas (Thailand) Co., Ltd.	Bangkok 10900	https://www.dnvgl.com
Diab South East Asia	Samutprakarn 10540	https://www.diabgroup.com
Diakrit(Thailand)Co.,Ltd.	Bangkok 10110	https://www.diakrit.com
Digi Electronics Ltd		https://www.e-ville.com
DKSH (Thailand) Co. Ltd.	Bangkok 10100	https://www.dksh.com

DOLPHIN BAY RESORT

Dolphin Bay Resort	Hua Hin 77120	https://www.dolphinbayresort.com
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Dragon Enterprises Co., Ltd.	Chonburi 20150	https://www.dragon-enterprise.com
DSV Air & Sea Ltd.	Bangkok 10110	https://www.th.dsv.com
Dtac Bangkok		https://www.dtac.co.th
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E-Ville.com	Bangkok 10110	http://www.e-ville.com/
EABC	Bangkok 10120	https://www.eabc-thailand.org/
ECCO (Thailand) Co., Ltd.	Ayutthaya 13260	https://www.ecco.com
Eco Valley Lodge Co., Ltd.	Nakhon Ratchasima 30130	https://www.ecovalleylodge.com
eDNA Consulting Co Ltd	Bangkok	https://www.edna-group.com
Eeden Village Cha Am,	Petchburi 76120	https://www.eedenvillage.com
EGN Thailand Co., Ltd.	Bangkok 10110	https://www.th.egn.com
Eka Chemicals (Thailand) Limited	Bangkok 10110	https://www.akzonobel.com
Electrolux Thailand Co., Ltd.	Bangkok 10320	https://www.electrolux.co.th
Eltek Power Co., Ltd.	Bangkok 10510	https://www.eltek.com
EnterGraph	Bangkok 10110	https://www.entergraph.com
EQHO Communications Ltd.	Bangkok 10500	https://www.eqho.com
Equestrian Paradise	Nakhon Nayok 26120	https://www.equestrianparadice.com
Ericsson (Thailand) Ltd.	Bangkok 10900	https://www.ericsson.com
Essentia Protein Solutions	Bangkok 10110	https://essentiaproteins.com/int/
Essity (Thailand) Co., Ltd.	Bangkok 10900	https://www.essity.com/
ETK EMS ASIA Productions Ltd.	Rayong 21140	https://www.etk.dk
Euro-Center (Thailand) Co., Ltd.	Bangkok 10400	https://www.euro-center.com
EuropAsia	Bangkok 10500	https://www.europasia-insurance.com
Europcar Danmark	Denmark	https://www.europcar.dk
Evason Huahin	PrachuapKhiriKhan 77220	bluelotushuahin.com/resort
Evason Phuket & Bon Island	Phuket 83130	https://www.sixsenses.com
EventBank Limited Central	Hong Kong	https://www.eventbank.com
Evolution Tour	Trat 23170	https://www.evolutiontour.com
Express International Travel	Bangkok 10500	https://www.expressinter.com
Exsilium Co., Ltd.	Bangkok 10110	https://www.exsilium.co.th

F

Fabrinet Ltd.	Pathum Thani 12120	https://www.fabrinet.com
Falck Global Assistance Limited	Bangkok 10400	https://www.group.falck.com/en/countries/thailand
Faraway Yachting Co. Ltd.	Phuket 83130	https://www.far-away.net
Fearnleys (Thailand) Ltd.	Bangkok 10330	https://www.fearnleys.no
FEI - Foretagsekonomiska Institutet	111 83 Stockholm	https://www.fei.se
Felicia (Thailand) Ltd.	Bangkok 10500	https://www.feliciadesign.com
Finnair Bangkok Office	Bangkok 10500	https://www.finnair.com
Finnish Evangelical Lutheran Mission	Bangkok 10260	https://www.felm.org
Finpro Finland Trade Center in Thailand & Myanmar		https://www.finpro.fi
Firexpress Co., Ltd.	Samut Prakan 10540	https://www.firexpress.com
Fiskars Thailand Co., Ltd.	Bangkok 10330	https://www.fiskarsgroup.com
Fitness24Seven	Bangkok 10110	https://www.fitness24seven-thailand.com
Flow Cocktail Ltd.	Bangkok 10330	https://www.flowcocktail.com
FLSmidth	Bangkok 10110	https://www.flsmidth.com
Flux International Ltd.	Samut Prakan 10540	https://www.flux-int.com
Fortum Energy Solutions (T) Co., Ltd.	Bangkok 10110	https://www.fortum.com/
Foster Wheeler Service (thailand) Ltd.	Bangkok 10330	https://www.fwc.com
Fovea Co. Ltd.	Bangkok 10600	https://www.fovea.no
Freightzen Logistics	Bangkok 10110	https://www.freightzenlogistics.com
Fyn Bakery	Bangkok 10110	fyn-bakery.business.site

G

G4S Security Services(Thailand) Limited	Bangkok 10310	https://www.g4s.co.th
Gecko do It Co., Ltd	Bangkok 10110	https://www.geckodoit.com
Georg Jensen (Thailand) Ltd.	Chiangmai 50130	https://www.georgjensen.co.th
GIF Thai Match Co., Ltd.	Samut Prakan 10280	https://www.gifthaimatch.co.th
Go Beyond Asia	Bangkok 10500	gobeyond.asia/
GPV Asia (Thailand) Co., Ltd.	Samut Prakan 10280	https://www.gpv-group.com
GreenDot International Co., Ltd.	Bangkok 10500	https://www.green-dotgroup.com
Grundfos (Thailand) Limited	Bangkok 10250	https://www.grundfos.co.th
Gulf Agency Company (Thailand) Ltd.	Bangkok 10330	https://www.gac.com/thailand
Gunnebo Singapore Pte Ltd	Bangkok 10110	https://www.gunnebo.com

H

Hako Group East Asia Ltd	Bangkok	https://www.hako.com
Half A Degree Luang Prabang,	Laos	https://www.dextercafe.com

Halmstad University Sweden		https://www.hh.se/en-US/5.html
Hammars Enterprise Co., Ltd.	Bangkok 10240	https://www.hammarsenterprise.com
Hans Lankari company limited	Chonburi 20150	https://www.hanslankari.com
Harrow International School	Bangkok 10210	https://www.harrowschool.ac.th
Hasle Refractories (Thailand) Co., Ltd.	Bangkok 10500	https://www.hasle-refractories.dk
HEI Schools Bangkok	Bangkok 10110	https://www.heibangkok.com/
Herbalife Group	Bangkok 10330	https://www.herbalife.co.th
Holm Machinery Asia Company, Ltd.	Udon Thani 41000	https://www.holmasia.com
HortiQ Thailand Co., Ltd	Nakhon Ratchasima 30130	https://www.feldborg.com
Hot Property Hua Hin	PrachuapKhiriKhan 77110	https://www.hotpropertyhuahin.com
Hotel Mermaid Bangkok Ltd.	Bangkok 10110	https://www.hotelmermaidbangkok.com
Hove D.K. Co., Ltd.	Samut Prakan 10270	https://www.hovedk.com
Hua Hin Leisure Co., Ltd.	PrachuapKhiriKhan 77110	https://www.lagrappa-ristorante.com
HubLearn Thailand	Bangkok 10120	https://www.hublearn.com
Huhtamaki Limited	Samutsakorn 74000	https://www.huhtamaki.com
Hvidsten Group	Bangkok 10330	https://www.hvidsten.com
Hygeia Healthcare Co., Ltd.	Bangkok 10700	https://www.destinationbeauty.com

I

I-Tracking (Thailand) Co., Ltd.	Bangkok 10260	https://www.itracking.asia
Ib Andresen Industry (Thailand) Co., Ltd.	Chonburi 20230	https://www.iai.co.th
Icelandair	Bangkok 10110	https://www.icelandaircargo.com
ICT Group Ltd.	Bangkok 10330	https://www.ictgrouplimited.com
IGLU	Chiang Mai 50100	https://www.iglu.net



International Insurance Broker

IIB (Thailand) Co., Ltd.	Bangkok 10330	https://www.iib-thailand.com
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IKEA Purchasing Services (Thailand) Ltd.	Samutprakarn 10540	https://www.ikea.com
IKEA Trading (Thailand) Ltd.	Bangkok 10110	https://www.ikea.com/
IMG Asia Co., Ltd.	Chachoengsao 24140	https://www.imgcomfort.com
Indochina Explorers Travel	Bangkok 10500	https://www.indochinaexplorers.com
Indorama Ventures Global Services Limited		https://www.indorama.net
Innovation Norway	Bangkok 10110	https://www.innovasjon norge.no
Interactive Group Co., Ltd.	Bangkok 10110	https://www.interactivethailand.com



International School Bangkok

Nonthaburi 11120

<https://www.isb.ac.th>

International School of The Regents (ISR)

Chonburi 20150

<https://www.regents.ac.th>

invadeIT Co., Ltd.

PrachuapKhiriKhan 77110

<https://www.invadeit.co.th>

IQ Technologies

Bangkok 10250

<http://www.iqtechasia.co.th/>

ISS Facility Services Co., Ltd.

Bangkok 10220

<https://www.th.issworld.com>

J

Jailhouse Restaurant, Bar & Guesthouse

PrachuapKhiriKhan 77110

<https://www.facebook.com/luahinjailhouse/>

Jebsen & Jessen

Bangkok 10110

<https://www.jjsea.com>

Jebsen & Jessen Marketing (T) Ltd.

Bangkok 10110

<https://www.marketing.jjsea.com>

Jomtien Boathouse

Chonburi 20260

<https://www.jomtien-boathouse.com>

Jonkoping University

SE-551 11 J?nk?ping

<https://www.jth.hj.se>

Jotun Powder Coatings Thailand Ltd.

Chonburi 20000

<https://www.jotun.com/ap>

Jotun Thailand Limited

Chonburi 20000

<https://www.jotun.com>

K

K-2 Management

Bangkok 10330

<https://www.k2management.com>

Kamthorn Surachet & Somsak Ltd.

Bangkok 10600

<https://www.kss.co.th>

Kare's Party Bar

Chonburi 20150

<https://www.kaarethai.com>

Kauko International Oy Finland

<https://www.kaukointernational.com>

Kemira (Thailand) Co., Ltd.

Bangkok 10110

<https://www.kemira.com/en/>

Kiin Kiin Restaurant

Bangkok 10330

<https://en.kiin.dk/>



KING'S COLLEGE
INTERNATIONAL SCHOOL
BANGKOK

King's College International School Bangkok

Bangkok 10120

<https://www.kingsbangkok.ac.th>

KIS International School

Bangkok 10320

<https://www.kis.ac.th>

KlarAcc Company Limited

Bangkok 10110

<https://klaracc.com/>

Kohsel (Thailand) Co., Ltd.

Ratchaburi 70110

<https://kohsel.dk/>

Kon-Tiki Khao Lak Co.,Ltd	Phang Nga 82190	https://www.kontiki-thailand.com
Kon-Tiki Krabi Co., Ltd.	Krabi 81000	https://www.kontiki-thailand.com
Kon-Tiki Phuket Co., Ltd.	Phuket 83150	https://www.kontiki-thailand.com
Kon-Tiki Phuket Co., Ltd.	Phuket 83150	https://www.kontiki-thailand.com
KONE Public Company Limited	Bangkok 10900	https://www.kone.com
Konecranes Service Co., Ltd.	Chonburi 20230	https://www.konecranes.com
Krabi Spezialisten Co., Ltd.	Krabi 81000	https://www.krabi-spezialisten.com
Krusell (Thailand) Co., Ltd.	Bangkok 10600	https://www.krusell.co.th
KTH - Royal Institute of Technology	SE-100 44 Stockholm	https://www.KTH.se/int
Kvik Asia Co., Ltd.	Bangkok	https://www.kvik.co.th

L

L.V. Technology Public Company Limited	Bangkok 10310	https://www.lv-technology.com
Langhoff Promotion Thailand Co., Ltd.	Bangkok 10400	https://www.langhoff-promotion.com
Latitude 1 Maritime	Phuket 83000	http://www.latitude1maritime.com/
LawPlus Ltd.	Bangkok 10500	https://www.lawplusltd.com
LawtonAsia Insurance Brokers Co., Ltd.	Bangkok 10330	https://www.lawtonasia.com
Lighthouse Navigation Co. Ltd.	Bangkok 10330	https://www.lighthousenavigation.com
Linak APAC Ltd.	Chonburi 20110	http://www.linak.com
Living Moebel Co., Ltd.	Bangkok	https://www.livingmoebel.com
Logonet (Thailand) Co., LTD	Bangkok 10230	https://www.logonet.com
Lomamaa Co., Ltd.	Bangkok 10150	https://www.eedenvillage.com
Lorenz & Partners Co., Ltd.	Bangkok 10120	https://lorenz-partners.com/
Lotus Star Co.,Ltd.	Bangkok 10110	https://www.lotus-star.com
Lux Royal (Thailand) Co., Ltd.	Bangkok 10110	https://www.lux.co.th
Lykke Studios		https://www.lykkestudios.com

M

M.I.A.C Automation Co., Ltd.	Chonburi 20150	https://www.miac-automation.com
M2 Animation	Bangkok 10110	https://www.m2animation.com
M2M Technology Co., Ltd.	Bangkok 10250	https://www.m2mtechnology.co.th
Maersk Line (Thailand) Ltd.	Bangkok 10120	https://www.maerskline.com
Maersk Logistics	Bangkok 10120	https://www.maersk.com
Magic Years International School	Nonthaburi 11120	https://www.magicyears.ac.th
Maxxi Building Product Co., Ltd	PrachuapKhiriKhan 77110	https://www.maxxi.co.th
Mconsult Asia Co., Ltd.	Bangkok 10210	https://www.mconsult.com
Media Partner Co., Ltd.	Bangkok 10230	
Mermaid Safety Services Ltd.	Cholburi 20230	https://www.mermaid-safety.com

Mermaid Supply Ltd.	Chonburi 20230	mermaidsupplies.dk/
Mermaids Dive Center	Chonburi 20260	https://www.mermaiddiver.com
Metso Automation Co., Ltd.	Bangkok 10110	https://www.metso.com/automation
MetsoPaper (Thailand) Co., Ltd.	Chonburi 20230	https://www.metso.com
Michael Page International Recruitment	Bangkok 10110	https://www.michaelpage.co.th
Mikkeller Bangkok	Bangkok 10110	https://www.mikkellerbangkok.com
Min Sen Machinery Co.,Ltd.	Bangkok 10200	https://www.minsen.co.th
Mirasys Ltd.		https://www.mirasys.co.th
Mobile-Technologies Co., Ltd.	Bangkok 10110	https://www.mobile-technologies.com
Modern Energy Management	Bangkok 10330	https://www.modernenergy.co.th
Modern International School Bangkok	Bangkok 10110	https://www.misb.ac.th
Modern Montessori International Thailand	Bangkok 10110	https://www.mmthailand.com
Modigs Forvaltnings (Asia) Limited	Bangkok 10110	
Moevenpick Resort and Spa	Phuket 83100	https://www.moevenpick-hotels.com
Molnlycke Heath Care (Thailand)	Samut Prakan 10540	https://www.molnlycke.com
Mondo Vino Co., Ltd.	PrachuapKhiriKhan 77110	https://www.mondovino.co.th
Move Marketing Co.Ltd.		https://www.move-marketing.dk
Munkfors Swedev Asia Co., Ltd.	Bangkok 10400	https://www.munkfors.com
Munters (Thailand) Co., Ltd.	Bangkok 10400	https://www.munters.com/en/contact/thailand/
My Internship Asia	Bangkok 10330	https://www.myinternshipasia.com

N

Naviworld (Thailand) Co., Ltd.	Chonburi 20110	https://www.naviworld-asia.com
Nederman S.E.A. Co., Ltd.	Nonthaburi 11110	https://www.nederman.com
Nera (Thailand) Limited	Bangkok 10110	https://www.neratel.com.sg
Net Protection Concepts	Bangkok 10400	https://www.npc-international.net
New Nordic Sales Office	Chonburi 20150	https://www.new-nordic.com
Nilfisk-Advance Co., Ltd.	Bangkok 10900	https://www.nilfisk.co.th
NishaVille	PrachuapKhiriKhan	https://www.nishaville.com
NIST International School	Bangkok 10110	https://www.nist.ac.th
Nokia (Thailand) Ltd.	Bangkok 10400	https://www.nokia.com/
Nokia Telecommunications (Thailand) Ltd.	Bangkok 10400	https://www.nokia.com/th-th
NorCiv Engineering Co., Ltd.	Bangkok 10400	https://www.norconsult.co.th
WeShip Projects	Bangkok 10500	https://wship.com/
Nordic Hill Resort	Chonburi 20260	https://www.new-nordic.com/home/
Nordic Plastic (Thailand) Co., Ltd.	Rayong 21140	https://www.nordicplastic.com
Nordic Power Asia Ltd.	Bangkok 10110	https://www.nordicpower.co.th

Normeca Asia Pacific Co., Ltd.
 Norsk Sjomannskirke i Thailand
 Norske Skog (Thailand) Co., Ltd.
 Norwegian Peoples Aid
 Norwegian Properties Group
 Noventa (Thailand) Co., Ltd.
 Novo Nordisk Pharma (Thailand)
 NPC PROJECTS
 NPT Nordic Plastic (Thailand) Co., Ltd.

Chonburi 20150
 Chonburi 20260
 Bangkok 10110
 Bangkok 10520
 Chonburi 20150
 Samutprakarn 10540
 Bangkok 10500
 Bangkok 10500
 Rayong 21140

<https://www.normeca.no>
<https://www.sjomannskirken.no>
<https://www.norskeskog.com>
<https://www.npaid.org>
<https://www.vnresidences.com>
<https://www.noventa.com/en>
<https://www.novonordisk.com>
<https://www.nordana.com>
<https://www.nordicplastic.com>

O

Oakwood Residence
 Oceanic Divecenter
 OK Wood Product Co., Ltd.
 OLIC (Thailand) Ltd
 Oriental Hotel, Bangkok
 Oriental Invest
 Oriental Residence Bangkok
 Oriflame Cosmetics (Thailand) Ltd.
 Oriflame Management Asia Ltd.

Bangkok 10110
 Phuket 83100
 Bangkok
 Bangkok 10110
 Bangkok 10500
 PrachuapKhiriKhan 77110
 Bangkok 10300
 Bangkok 10310
 Bangkok 10250

<https://www.oakwoodasia.com>
<https://www.oceanicdivecenter.com>
<https://www.okwood.com/home.html>
<https://www.olic-thailand.com>
<https://www.mandarinoriental.com/bangkok>
<https://www.orientalinvest.com>
<https://www.oriental-residence.com>
<https://www.oriflame.com>

P

P.K. Snowbird Ltd
 Pacific 2000 Recruitment Co. Ltd.
 Pacific Orientation Relocation
 Pacific Rim Rich Group Co., Ltd.
 Pacific Thai Motorsports Co.,Ltd.
 Padiworada Group Co., Ltd.
 Pandora Production Co., Ltd.
 Paradox Trading Co.,Ltd
 Parrish Jones Ltd.
 Pattaya Self Storage Co.Ltd
 PCE Travel Consultants
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 Peter's Coffee Co., Ltd.
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 Bangkok 10330
 Bangkok 10110
 Bangkok 10230
 Bangkok 10250
 Pathum Thani 12120
 Bangkok 10250
 Bangkok 10400
 Chonburi 20261
 Bangkok 10110
 Bangkok 10110
 Bangkok 10400
 Bangkok 10330
 Bangkok 10260

<https://www.pksnowbird.com/>
<https://www.pacific2000.com>
<https://www.pacificorientation.com>
<https://www.prichgroup.com>
<https://www.wearnesauto.com>
<https://www.pandoragroup.com>
<https://www.paradoxtrading.dk>
<https://www.parrishjones.com>
<https://www.pattayaselfstorage.co.th>
<https://www.pctravel.com>
<https://www.pecunia-am.com>
<https://www.penn.se>
<https://www.peterscoffee.com>
<https://www.pharmanordsea.co.th>

Phuket Boat Lagoon	Phuket 83200	https://www.phuketboatlagoon.com
Phuket International Hospital	Phuket 83000	https://www.phuketinternationalhospital.com
Phuket WINFY School	Phuket 83150	https://www.svenskskola.com
Picture This Studio Co. Ltd.	Bangkok	https://www.picturethisanimation.com
Power Flow Consulting Limited	Khon Kaen 40000	https://www.powerflow.se
Poyry Energy Ltd.	Bangkok 10400	https://www.poyry.com
Praesidio Group	Bangkok	https://www.praesidiogroup.com
Presmann (Thailand) Co., Ltd.	Nonthaburi 11120	https://www.presmann.co.th
Price Sanond Prabhas and Wynne	Bangkok 10120	https://www.pricesanond.com
Property Care Servicer (Thailand) Ltd.	Bangkok 10120	https://www.pcs.co.th
Protech Engineering and Design Co., Ltd.	Bangkok 10110	https://www.protehead.com
Pulmentum Co., Ltd.	Bangkok 10110	https://www.pulmentum.com
Pulp & Paper Technology		https://www.pulpandpaper-technology.com
PYN Asia Research Ltd.	Bangkok 10110	https://www.pyn.fi

Q

QI Design and House Ltd.	Bangkok 10310	https://www.waevergroup.com
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R

Radi Medical Systems Co., Ltd	Phuket 83110	https://www.radi.se
Raflatac (thailand) Co., Ltd.	Bangkok 10500	https://www.upmraflatac.com
Raindrop Foundation	Bangkok 10240	https://www.raindropfriends.dk
Rapala VMC (Thailand) Co., Ltd.	Nonthaburi 11110	https://www.rapalathailand.com
Rapid Asia Co Ltd	Bangkok 10110	https://www.rapid-asia.com
Raya Divers Co., Ltd.	Phuket 83130	https://www.rayadivers.com
Raya Divers Lanta Co., Ltd.	Krabi 81150	https://www.rayadivers.com/site/koh-lanta-2
Raya Divers Phang Nga Co., Ltd	Phang Nga 82190	https://www.rayadivers.com
Rayong Consulting (Thailand) co. Ltd	Rayong 21000	https://rayongconsulting.com/
Rayong Specialisten	Rayong 21000	https://www.rayongspecialisten.dk
Rec2Tec Co. Ltd.	Phuket 83150	https://rec2tec.biz/



REGENTS INTERNATIONAL SCHOOL

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Regents International School Pattaya	Chonburi 20150	www.regents-pattaya.ac.th
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Rehab Scandinavia Co., Ltd.	Chonburi 20150	https://www.facebook.com/pages/Rehab-Scandinavia-CoLtd/258766757518676
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Robit Plc	Bangkok 10110	https://www.robif.fi
Rockwool (Thailand) Co., Limited	Rayong 21150	https://www.rockwoolasia.com
Roedl & Partner Ltd.	Bangkok 10120	https://www.roedl.com
Rohlig Thailand Co., Ltd.	Bangkok	https://www.rohlig.com
Royal Copenhagen Ltd.	Saraburi 18140	https://www.royalcopenhagen.com
Royal Danish Embassy Bangkok		https://Bangkok.um.dk
Royal Norwegian Embassy	Bangkok 10501	https://www.norway.no/en/thailand
Royal Scandinavia	Chiangmai 50130	https://www.georgjensen.com
RunTime Co., Ltd.	Bangkok 10110	https://www.runtimeasia.com

S

Saab Asia Pacific Co. Ltd	Bangkok 10110	https://www.saabgroup.com
Sandvik Thailand Ltd.	Bangkok 10310	https://www.sandvik.com/s
Sanovo International Asia Pacific	Bangkok 10110	https://www.sanovo.com
Santa Fe Relocation Services	Bangkok 10110	https://www.santaferelo.com
Sanuk - Svenska Skolan Thailand	Thailand	https://www.svenskaskolanthailand.se
Satel		https://www.satel.com
Satin Textiles Co., Ltd.	Bangkok 10600	https://www.satin.co.th
SCA Hygiene Products Ltd (Thailand)	Sathorn 10120	https://www.sca.com
Scan Global Logistics Co.,Ltd.	Bangkok 10500	https://www.scangl.com
Scan-Siam Consulting Co., Ltd.	Pattaya	https://www.siamscan.info/



SCANDMEDIA

Scand-Media Corp., Ltd.	Bangkok 10230	https://www.scandmedia.com
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Scandalic Hotel	Chonburi 20150	https://www.scandalic.nu
Scandinavian Divers Co., Ltd	Phuket 83130	https://www.scandinavian-divers.com
Scandinavian Expats Club Pattaya	Jomtien 20260	https://www.vikingpattaya.com/
Scandinavian Law Office Co., Ltd.	Chonburi 20150	https://www.thailawoffice.com

ScandAsia.com

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Scandinavian Publishing Co.,Ltd.	Bangkok 10230	https://www.scandasia.com
Scandinavian Residence	Krabi 81000	https://www.scandinavianresidence.net
Scandinavian Society Siam	Bangkok 10110	https://www.sss.or.th



Scandinavian Village	Chonburi 20130	https://www.scandinavianvillage.net
Scania Siam Co., Ltd.	Samut Prakan 10540	https://www.scania.co.th
Scania Siam Inc.		https://www.scania.com
Scanpro (Thailand) Co., Ltd.	Pathum Thani 12000	http://www.scanpro.net/
Scanproducts Co., Ltd.	Bangkok 10110	https://www.scanproducts.co.th
SD&V Oriental International	Bangkok 10320	https://www.sdvoriental.com
SEB - Skandinaviska Enskilda Banken AB	Singapore	https://www.sebgroup.com/
SECO Tools (Thailand) Co., Ltd.	Bangkok 10260	https://www.secotools.com
Securitas Security Services Thailand	Bangkok 10260	https://www.securitas.com
Sedex Asia Co., Ltd.	Bangkok 10220	https://www.sedex.de
Shaw Group Co., Ltd.	Bangkok 10250	https://www.shawgroup-th.com
Sherwin-Williams (Thailand) Co., Ltd	Chonburi 20160	https://www.sherwin-williams.com



Shrewsbury International School	Bangkok 10120	https://www.shrewsbury.ac.th
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Siac Consulting Co Ltd	Bangkok 10110	https://www.siacthai.com
Siam Industrial Corp., Ltd.	Bangkok 10110	https://www.siamind.co.th
Siam Map Company Ltd.	Surat Thani	https://www.siammap.com
Siam Shoreside Services Co., Ltd	Bangkok 10520	https://www.siamshoreside.com
Skanem Bangkok Co., Ltd.	Chonburi 20160	https://www.skanem.com
SKF Thailand Ltd	Bangkok 10120	https://www.skf.com
Skov Asia Ltd.	Bangkok 10310	https://www.skov.com
Spica Co., Ltd.	Bangkok 10250	https://www.spica-siam.com
Sra Bua by Kiin Kiin	Bangkok 10330	https://www.kempinskibangkok.com



St Andrews International School Bangkok

Bangkok 10110

<https://www.standrews.ac.th>

St. Andrews International School

Bangkok, Thailand

<https://www.standrews-schools.com>

St. Stephens International School

Bangkok 10900

<https://www.sis.edu/>

Stable Lodge Co., Ltd.

Bangkok 10110

<https://www.stablelodge.com>

Starboard Co., Ltd

Samut Prakan 10540

<https://www.star-board.com>

StoreGuard Co., Ltd

Phuket 83150

<https://www.mystorageasia.com>

SVI Public Company Limited

Pathum Thani 12000

<https://www.svi.co.th>

Swedish Trade Council Thailand

Bangkok 10330

<https://www.swedishtrade.se>

T

T. D. Dairy Foods Company Limited

Lopburi 15140

<https://www.td-dairyfoods.com>

Team Precision Public Company Limited

Pathum Thani 12110

<https://www.teampcba.com>

Telenor Asia (ROH) Limited

Bangkok 10110

<https://www.telenor.com>

Tellus Systems Limited

Bangkok 10320

<https://www.tellus.co.th>

Terinex Siam Co., Ltd & Duni

<https://www.terinexsiam.com>

Tetra Pak (Thai) Ltd.

Bangkok 10260

<https://www.tetrapak.com>

Thai Airways International PLC

Bangkok 10900

<https://www.thaiairways.co.th>

Thai Biogas Energy Company Limited

Bangkok 10330

<https://www.tbec.co.th>

Thai Scandinavian Law Office

Chonburi 20150

<https://www.thailawoffice.com>

Thai-Fin Engineering and Consulting Co., Ltd.

Ratchasima, 30001

<https://www.thai-fin.com>

Thai-Finnish Chamber Of Commerce

Nonthaburi 11120

<https://www.thaifin.or.th>

Thai-Norwegian Chamber of Commerce

Bangkok 10330

<https://www.norcham.com>

Thai-Scandic Steel Co., Ltd.

Rayong 21150

<https://www.thaiscandic.com>

Thai-Swedish Chamber of Commerce

Bangkok 10400

<https://www.swecham.com>

Thaihem

Rayong 21190

<https://www.thaihem.se>



Thaivivat Insurance PCL	Bangkok 10400	https://www.thaivivat.co.th
Thavibu Gallery	Bangkok 10500	https://www.thavibu.com
The American School of Bangkok	Samut Prakan 10540	https://www.asb.ac.th
The Arrivals Co., Ltd.	Bangkok	https://www.bantakhouse.com
The British International School, Phuket	Phuket 83000	https://www.bisphuket.ac.th
The Cabinet Interior Design Co., Ltd.	Bangkok 10260	https://www.thecabinet.co.th
The Early Learning Centre	Bangkok 10110	https://www.elc-bangkok.com
The Kitchen	Chonburi 20180	http://www.the-kitchen-bang-saray.com/
The Residence Garden Co. Ltd	Pattaya 20260	https://www.theresidencegarden.com/
The Siam Oriental Trading Co., Ltd.	Chonburi 20150	https://www.siamoriental.net
The St. Regis Bangkok	Bangkok 10330	https://www.stregis.com/bangkok
The Synergy Company Finland Ltd		https://www.synergycom.eu
THOME Ship Management (Thailand) Co.,Ltd	Bangkok	https://www.thome.com.sg/contacts/country-contacts/country-thailand/
Thoresen Thai Agencies Public	Bangkok 10330	https://www.thoresen.com
Ticon Industrial Connection PCL	Bangkok 10120	https://www.ticon.co.th
Tilleke & Gibbins International Ltd.	Bangkok 10120	https://www.tilleke.com
Timothy Jacob Jensen Studios	7840 Højslev	https://timothyjacobjensen.com
TLI Scan Global Logistics Co.,Ltd.	Bangkok 10500	https://www.scangl.com
TomSorensen	Bangkok 10260	https://www.tomsorensen.in.th
Total Access Communication PLC	Bangkok 10330	https://www.DTAC.co.th
Tour Lines Co., Ltd	Bangkok 10120	https://www.tourlines.co.th
Trafalgar Intrenational Ltd.,	Bangkok 10320	https://www.trafalgar-intl.com
Traill International School	Bangkok 10240	https://www.traillschool.ac.th
Transpo International Ltd.	Bangkok 10110	https://www.transpologistics.com
Trelleborg Automotive	Bangkok 10110	https://www.trelleborg.com
Tricon Thai Automation Co., Ltd.	Chonburi 20230	https://www.tricon.co.th



Trusted Novus Bank

Gibraltar

<https://trustednovusbank.com>

TUI (Thai Unmanned Industries Co., Ltd)

Bangkok 10250

<https://www.thaiunmanned.com>

Tuk Tours Co., Ltd.

PrachuapKhiriKhan 77110

<https://www.tuktours.net>

Tytex Group (Thailand) Co., Ltd.

Rayong 21140

<https://www.tytex.com>

U

United Flour Mill Public Co., Ltd.

Bangkok 10100

<https://www.ufmfc.com/English/index.php>

United Food Ltd. Co.

Bangkok 10150

<https://www.unitedfoods.co.th>

United Relocations (Thailand) Co., Ltd.

Bangkok 10260

<https://www.united-relo.com>

University of Borås Sweden

<https://www.hb.se>

URL Co., Ltd.

<https://www.url-group.com>

UTi Worldwide Co., Ltd.

Bangkok 10110

<https://www.dsv.com/en>

V

Vacon South East Asia

Bangkok 10250

<https://www.vacon.com>

Valmet Co., Ltd.

Chonburi 20230

<https://www.valmet.com>

Varee Chiangmai International School

Chiang Mai 50000

<https://www.varee.ac.th>

Varova

<https://www.varova.fi>

Vartika Adventure Retreat Resort

PrachuapKhiriKhan 77210

<https://www.vartikaadventure.com>

Vartika Resovilla KuiBuri

PrachuapKhiriKhan 77210

<https://www.vartikakuiburi.com>

Ventpro

PrachuapkhiriKhan 77110

<https://www.ventpro.co.th>

Vestas Wind Technology Thailand Co., Ltd.

Bangkok 10110

<https://www.vestas.com>

Vestergaard Company Ltd.

Chonburi 20230

<https://www.g-vestergaard.com>

Vianova Systems AS

Bangkok 10320

<https://www.novapoint.com>

Vickery & Worachai Ltd.

Bangkok 10330

<https://www.v-w.co.th>

Viking Life-saving Equipment (Thailand)

Chonburi 20230

<https://www.viking-life.com>

Vina Sport Intertrade Co., Ltd.

Bangkok 10120

<https://www.vinasport.co.th/>

Vision House Limited

Bangkok 10110

<https://www.visionhouse.co.th>

Volvo Car (Thailand) Ltd.

Bangkok 10250

<https://www.volvocars.com/th>

Volvo Group (Thailand) Co., Ltd.

Samutprakarn 10540

<https://www.volvo.com/group/thailand/th-th>

Volvo Truck & Bus (Thailand) Co., Ltd.

Samut Prakan 10540

<https://www.volvotrucks.volvo.co.th>

W

Waever Group	Bangkok 10310	https://www.waevergroup.com
Wallenius Media Co., Ltd.	Pathum Thani 12120	http://www.thailandsposten.com/
Wallenius Wilhelmsen Lines Thailand	Bangkok 10120	https://www.2wglobal.com
Wartsila Singapore Pte Ltd.	Bangkok 10110	https://www.wartsila.com
WAS Trading Co., Ltd.	Bangkok 10310	
Wearnes Automotive	Bangkok	https://www.wearnesauto.com/th/
WearYouWant Ltd.	Bangkok	https://www.wearyouwant.com
WebOn (Thailand) Limited	Bangkok 10110	https://www.webon-thailand.com
Wema Environmental Technology Ltd.	Samutprakarn 10540	https://www.wema.com
WHA Industrial Developement	Samutprakarn 10270	https://www.wha-group.com/en/
White Ball Academy	Bangkok 10110	https://www.whiteballacademy.com
Wiik & Hoeglund Public., Ltd.	Bangkok 10400	https://www.wiik-hoeglund.com
Wilhelmsen Ships Service	Bangkok 10120	https://www.wilhelmsen.com
Wilson Logistics (Thailand) Ltd.	Bangkok 10320	https://www.wilson-logistics.com
Wissen & Co Ltd.	Bangkok 10110	https://www.wissenandco.com

Y

Yara (Thailand) Ltd.	Bangkok 10110	https://www.yara.com
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Yozzo Co., Ltd.	Bangkok 10900	https://www.yozzo.com



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